

**Women's Health Branch**  
**PUBLICATIONS ORDER FORM - 10/31/17**  
**Quantities vary and are often limited. Orders will be filled accordingly.**

<b>Name</b>		<b>Agency Phone No.:</b>	
<b>Agency Name</b>			
<b>Agency Mailing Address</b> <i>City/Zip/State Courier No.</i>			

**Mail or Fax only the page(s) containing the order to:** Women's Health Branch/NCDHHS; 1929 Mail Service Center Raleigh, NC 27699-1929; Courier #56-23-01; Fax number: (919) 870-4827

*Office Use Only – Shipped Date:* \_\_\_\_\_

Family Planning & Preconception Health Educational Materials	Available to (Agency Code)	Publication Type	Unit Size/Limit	English Quantity	Spanish Quantity	Office Use Only
<b>Abstinence</b>						
<a href="#">Am I Ready for Sex? (FPRHU)</a>	LHD; TPPI	Brochure	50/pack		N/A	FPRHU 0001
<a href="#">Encouraging Abstinence: Ten Tips for Parents (FPRHU)</a>	LHD; TPPI	Brochure	50/pack			FPRHU
<a href="#">Facts about Abstinence/Datos sobre la Abstinencia (FPRHU English 1/14; Spanish 8/14)</a>	LHD; TPPI	Fact Sheet	100/pad			FPRHU 0002
<a href="#">Sex: 10 Best Reasons to Wait (FPRHU)</a>	LHD; TPPI	Brochure	50/pack			FPRHU 0004
<a href="#">Talking Abstinence (FPRHU)</a>	LHD; TPPI	Brochure	50/pack			FPRHU 0005
<b>Adolescent Puberty</b>						
<a href="#">Birth Control: Talking with your Parents (FPRHU)</a>	LHD; TPPI	Brochure	50/pack		N/A	FPRHU 0006
<a href="#">Female Facts (FPRHU)</a>	LHD; TPPI	Brochure	50/pack			FPRHU 0007
<a href="#">Menstruation (FPRHU)</a>	LHD; TPPI	Brochure	50/pack			FPRHU 0008
<a href="#">Private Matters: My Monthly Period (FPRHU English 4/10)</a>	All	Wallet Card	100/pack		N/A	FPRHU
<a href="#">Puberty Facts (FPRHU)</a>	LHD; TPPI	Brochure	50/pack			FPRHU 0009
<b>Be Smart. Be Ready. A Family Planning Program</b>						
<a href="#">Be Smart. Be Ready. A Family Planning Program Brochure; Spanish (FPRHU 7/16)</a>	Available by download only					
<a href="#">Be Smart. Be Ready. A Family Planning Program Fact Sheet - Patients (FPRHU 5/16)</a>	Available by download only					
<a href="#">Be Smart. Be Ready. A Family Planning Program Fact Sheet—Providers (FPRHU 5/16)</a>	Available by download only					
<b>Birth Control Methods</b>						
<a href="#">Birth Control Facts; Los metodos de control de la natalidad (FPRHU)</a>	LHD; TPPI	Brochure	50/pack			FPRHU 0010/S
<a href="#">Birth Control Method Options; Opciones De Métodos Anticonceptivos (FPRHU 5/16)</a>	LHD; TPPI	Fact Sheet		English/Spanish Combined		FPRHU
<a href="#">Family Planning Methods; Métodos de Planificación Familiar (FPRHU Eng 5/12; Span 5/12)</a>	All	Brochure	50pk/Limit 200			FPRHU
<a href="#">Facts About Birth Control Implants; Datos sobre el Control de la Natalidad Implantes (FPRHU English 12/13; Spanish 3/14)</a>	Available by download only					
<a href="#">Facts About Birth Control Pills; Información acerca de las píldoras anticonceptivas ("La Píldora") (FPRHU English 1/16; Spanish 7/16)</a>	LHD; TPPI	Fact Sheet	100/pad			FPRHU 0012
<a href="#">Facts About Condoms ("Rubbers"); Datos Sobre Los Condomes ("preservativos") (FPRHU English 3/13; Spanish 1/16)</a>	LHD; TPPI	Fact Sheet	100/pad	Download		FPRHU 0013
<a href="#">Facts About Contraceptive Shots; Datos sobre las Inyecciones Anticonceptivas (FPRHU English 3/13; Spanish 3/13)</a>	English – Available by download only					
<a href="#">Facts About Contraceptive Shots; Datos sobre las Inyecciones Anticonceptivas (FPRHU English 3/13; Spanish 3/13)</a>	Available by download only					
<a href="#">Facts About Diaphragms; Información acerca del Diafragma (FPRHU Eng 11/08; Span 2/17)</a>	LHD; TPPI	Fact Sheet	100/pad			FPRHU 0015
<a href="#">Facts About Emergency Contraception; Datos acerca de las Píldoras Anticonceptivas de Emergencia (FPRHU English 9/14; Spanish 10/14)</a>	LHD; TPPI	Fact Sheet	100/pad			FPRHU 0011
<a href="#">Facts About Intrauterine Devices (IUDs); Datos acerca de los Contraceptivos Intrauterinos (DIU) (FPRHU English 3/17; Spanish 3/13)</a>	LHD; TPPI	Fact Sheet	100/pad	Download		FPRHU 0016
<a href="#">Facts About NuvaRing/Datos acerca del Nuva Ringa (FPRHU Eng. 1/16; Span. 7/16)</a>	English - Available by download only					
<a href="#">Facts About NuvaRing/Datos acerca del Nuva Ringa (FPRHU Eng. 1/16; Span. 7/16)</a>	LHD; TPPI	Fact Sheet	100/pad			FPRHU 0020
<a href="#">Facts About Spermicides; Información acerca de los Espermicidas (FPRHU Eng 3/12; Span 4/12)</a>	LHD; TPPI	Fact Sheet	100/pad			FPRHU 0022

<a href="#">Facts About the Contraceptive Patch; Información acerca del Parche Anticonceptivo (“El Parche”)</a> (FPRHU English 1/16; Spanish 7/16)	LHD; TPPI	Fact Sheet	100/pad			FPRHU 0021
Facts About the Fertility Awareness Method (FPRHU English 10/17; Spanish TBA)	All	Fact Sheet	<b>English – Available by download only</b>			
<b>Gynecological Problems/STIs</b>						
<a href="#">Bacterial Vaginosis; La Vaginosis Bacteriana</a> (FPRHU Eng. 1/16; Spanish 7/16)	All	Brochure	50/pack	<b>Download</b>		FP 0024S
<b>English - Available by download only</b>						
<a href="#">Genital Warts &amp; the Human Papilloma Virus (HPV); La Verrugas Genitales y el Virus del Papiloma Humano (VPH)</a> (FPRHU English 2/15; Spanish 5/15)	LHD; TPPI	Brochure	100/pack			FPRHU 0027
<a href="#">HIV: Keeping it Real; VIH Una Realidad</a> (FPRHU English 4/09; Spanish 4/09)	All	Brochure	50/pack			FPRHU
<a href="#">STD Facts</a> (FPRHU)	LHD; TPPI	Brochure	50/pack			FPRHU 0028
<a href="#">Trichomoniasis</a> (trich); <a href="#">Tricomoniiasis</a> (FPRHU English 2/15; Spanish 5/15)	LHD; TPPI	Brochure	100/pack	<b>Download</b>		FPRHU 0029
<b>English - Available by download only</b>						
<a href="#">Vaginal Discharge; Flujo Vaginal</a> (FPRHU English 2/15; Spanish 5/15)	LHD; TPPI	Brochure	100/pack	<b>Download</b>		FPRHU 0030
<b>English - Available by download only</b>						
<a href="#">Yeast Infection; Candidiasis</a> (FPRHU English 2/15; Spanish 5/15)	LHD; TPPI	Brochure	100/pack	<b>Download</b>		FPRHU 0031
<b>English - Available by download only</b>						
<b>Infertility</b>						
<a href="#">Evaluating Infertility; Evaluación de la infertilidad</a> (FPRHU English/Spanish 6/12)	<b>Available by download only</b>					
<b>Male Involvement</b>						
<a href="#">Body Maintenance Manual; Manual de Mantenimiento del Cuerpo</a> (PHFSU Eng 5/09; Span 8/10)	All	Brochure	25/pack			PHFSU
If You Are A Man... Understanding Birth Control (FPRHU)	LHD; TPPI	Brochure	50/pack			FPRHU 0039
<a href="#">Male Facts</a> (FPRHU)	LHD; TPPI	Brochure	50/pack			FPRHU 0035
<a href="#">Male Self-Exam/Male Self Exam-El examen genital masculino</a> (FPRHU)	LHD; TPPI	Brochure	50/pack	<b>Download</b>		FPRHU 0036
<b>English - Available by download only</b>						
<b>Nutrition/Weight Management</b>						
<a href="#">BMI Chart (Laminated)</a> (PHFSU)	All	Poster	Limit 2			PHFSU
<a href="#">Healthy Habits for Life; Mujer, Madre y Amigo</a> (PHFSU English 8/10; Spanish 4/12)	All	Booklet	25/pack			PHFSU 0105
<a href="#">Is Your Weight Healthy;/Es Su Peso Saludable?</a> (PHFSU English 5/11; Spanish 5/12)	All	Poster				PHFSU 0101
Weight and Men (PHFSU)	LHD; TPPI	Brochure	50/pack			PHFSU 0101
Weight and Women (PHFSU)	LHD; TPPI	Brochure	50/pack			PHFSU 0100
<a href="#">What’s Your BMI? Facts about Body Mass Index</a> (PHFSU)	LHD; TPPI	Brochure	50/pack			PHFSU 0102
<b>Preconception Health/Reproductive Life Planning</b>						
<a href="#">Am I Ready to be a Dad?</a> (PHFSU)	LHD; TPPI	Brochure	50/pack			PHFSU
<a href="#">Am I Ready to be a Mom?</a> (PHFSU)	LHD; TPPI	Brochure	50/pack			PHFSU
<a href="#">Are You Ready? Sex &amp; Your Future;/¿Que harás en tu futuro?</a> (PHFSU Eng 8/10; Span 8/10)	All	Brochure	50/pack			PHFSU 0106
<a href="#">Are You Ready to Be a Dad?</a> (PHFSU)	<b>Available by download only</b>					
<a href="#">Are You Ready to Be a Mom?</a> (PHFSU)	<b>Available by download only</b>					
<a href="#">Choices Health Matters for Women; Mujer Total</a> (PHFSU English 5/11; Spanish 10/8)	All	Magazine	50/pack		N/A	PHFSU
Folic Acid: Combo 2 DVDs (English 6 min; 9 min; 2 Spanish 8 min; 14 min) (PHFSU)	All	DVD	Limit 1			PHFSU
It’s Time to take Care of You/Es hora de dedicarse a su salud cartel (PHFSU)	All	Poster				PHFSU
<a href="#">Looking Back, Moving Forward</a> (2/07) (PHFSU)	Providers					PHFSU
<a href="#">My Health Journal; Mi Diario de Salud</a> (PHFSU English 2008; Spanish 4/10)	All	Brochure	25/pack			PHFSU
<a href="#">Show Your Heart Some Love/Ame a Su Corazón</a> (PHFSU English & Spanish 12/14)	All	Flyer	50/pack			PHFSU 4114/S
<a href="#">Show Your Love</a> (African Americans with folic acid message) (PHFSU 5/13)	All	4” x 9” Card	100/pack			PHFSU

<a href="#">Show Your Love</a> (African Americans with folic acid message) (PHFSU 5/13)	All	11"x16" Poster				PHFSU
<a href="#">Taking Care of Me</a> (PHFSU 6/08)	All	Magazine				PHFSU
<a href="#">Take Care of Yourself</a> (includes folic acid message) (PHFSU 8/12)	All	Brochure				PHFSU
<a href="#">N.C. Preconception Health Strategic Plan: Sept. 2008-2013</a> (PHFSU)	Available by download only					
<a href="#">N.C. Preconception Health Strategic Plan Supplement 2014-2019</a> (PHFSU)	All	Booklet				PHFSU
<a href="#">The State of Preconception Health in North Carolina</a> (PHFSU 11/10)	Available by download only					
CME and CNE Modules, Care Plans and Other Resources <ul style="list-style-type: none"> <li><a href="#">The National Preconception Curriculum and Resources for Clinicians</a></li> <li><a href="#">March of Dimes Continuing Nursing Education</a></li> <li><a href="#">Preconception Health and Health Care: The Clinical Content of Preconception Care</a></li> <li><a href="#">Link to more resources</a></li> </ul>	Available by download only Available by download only Available by download only Available by download only					
<b>Maternal Health Educational Materials</b>	<b>Available to (Agency Code)</b>	<b>Publication Type</b>	<b>Unit Size/Limit</b>	<b>English Quantity</b>	<b>Spanish Quantity</b>	<b>Office Use Only</b>
<b>Diabetes in Pregnancy</b>						
<a href="#">A Photonovel: Embarazo y Diabetes/Pregnancy and Diabetes</a> (PHU)	All	Bilingual Book				PHU 4080
<a href="#">Gestational Diabetes: Before the Baby, After the Baby; La Diabetes Gestacional - Yo y mi Bebé</a> (PHU English 10/10; Spanish 10/11)	All	Fact Sheet	Limit 100			PHU 4070
<a href="#">Health Care Provider Fact Sheet on Postpartum Care</a> (PHU 10/10)	Available by download only					
<a href="#">My Plate for Gestational Diabetes</a> (PHU 4/12)	All	Instructions	50/pack			PHU
<a href="#">Patient Fact Sheet – Before the Baby, After the Baby; La Diabetes Gestacional - Yo y mi Bebé</a> (PHU)	All	Fact Sheet		Download		PHU
	English - Available by download only					
<b>General Maternal Health</b>						
<a href="#">17P Risk Reduction for Repeat Preterm Birth; Reducción del Riesgo de Parto Prematuro Recurrente</a> (PHU 8/15)	All	Booklet	30 pk/Limit 90			PHU
<a href="#">Is 17P Right for Me?; Es adecuada la 17p para mf?</a> (PHU 4/17)	All	Flyer	25pd/Limit 4			PHU
<a href="#">A Test to Save Your Baby's Life; Spanish; Chinese; Hmong; Arabic</a> (C & Y 7/16)	All	Brochure				CY 0010ACMS
<a href="#">Cord Blood Banking in NC/ Datos sobre el almacenamiento de sangre del cordón umbilical</a> (PHU English 12/09; Spanish 5/10)	Available by download only					
<a href="#">E-Cigarettes &amp; Vaping: Information for Women &amp; Their Families</a> (PHFSU 6/17)	All	Booklet	50 pk/Limit 100			PHFSU
<a href="#">Healthy Baby Begins with You</a>	All	Poster				PHU
<a href="#">Healthy Mom, Healthy Baby/Mamá Saludable, Bebé Saludable</a> (PHU English & Spanish 4/17)	All	Booklet				PHU 4011
<a href="#">If You Smoke and Are Pregnant</a> (PHU 11/16)	All	Brochure	50 pk/Limit 100		N/A	PHU
<a href="#">Keeping the Circle Healthy</a> (PHU English 5/7)	All	Brochure	100/pack			PHU
<a href="#">My Pregnancy Calendar; El Calendario de Mi Embarazo</a> (PHU English & Spanish 5/12)	All		25/pack			PHU
<a href="#">North Carolina's Newborn Screening Program–Prenatal Fact Sheet</a> (C&Y 2/17)	All	Fact Sheet	50/pad Limit 200			CY 0112
<a href="#">Our Healthy Baby's Family Album</a> (PHU 5/10)	All	Booklet	50/pack		N/A	PHU
<a href="#">Prevent Preterm Labor; Prevenga El Parto Prematuro</a> (PHU English & Spanish 4/10)	All	Wallet Card	100/pack			PHU
<a href="#">Preventing Chickenpox in Pregnant Women; La Prevención de la Varicela en las Mujeres</a> (PHU English 11/16)	Available by download only					
<a href="#">Sickle Cell Syndrome Program; Ayude a su hijo a estar sano</a> (PHFSU Spanish 4/05)	All	Brochure				PHFSU
<a href="#">Zika Virus for Pregnant and Women of Childbearing Age; El Virus Del Zika Mujeres Embarazada y Mujeres en Edad Fetal</a> (PHU)	Available by download only					
<b>Lead</b>						
<a href="#">Are You Pregnant? Protect Your Baby from Lead Poisoning; ¿Está Usted Embarazada? Protégela a su bebe del envenenamiento con plomo</a> (PHU)	All		Limit 100			PHU 4096
<a href="#">Summary of Public Health Actions Based on Maternal &amp; Infant Blood Lead Levels</a> (PDF, 297 KB)	Available by download only					

<b>Parenting &amp; Baby</b>						
<a href="#">Baby's Safe Sleep Tips/Duerma Seguro a Su Bebé Consejos</a> (without blanket) (PHU Eng & Span 5/15)	All	Flyer	50/pack			PHU
<a href="#">Infant Safe Sleep Checklist; Lista de Control para un Sueño Seguro Cartel</a> (PHU_5/09)	All	Poster			Out of Stock	PHU
<a href="#">My Baby's Safe Sleep Checklist</a> (PHU 5/12)	All	Brochure	50/pack		English/Spanish Combined	PHU
<a href="#">Oh Baby! We Want to Keep You Safe From Secondhand Smoke</a> (PHFSU 3/17)	All	Brochure	25/pk Limit 100			PHFSU
<a href="#">See How We Grow; Observa mi crecimiento</a> (PHU English & Spanish 6/13)	All	Flip Chart	50 pk/Limit 200			PHU
<b>Postpartum</b>						
<a href="#">Taking Care of You: Your Postpartum Health &amp; Visit/Cuidados Para Usted: Salud y Consulta Posparto</a> (PHU Eng. 4/15; Span. 7/15)	All	Booklet	Limit 100		N/A	PHU 4080
<a href="#">Provider Guide: Taking Care of You</a> (PHU 9/10)	Provider Guide available by download only					
<a href="#">You Quit, Two Quit</a> (PHFSU 2/16)	All	Booklet	50pk/Limit 100			PHFSU
<b>Pregnancy Care Management</b>						
<a href="#">Pregnancy Care Management</a> (PHU English 12/12)	All	Brochure			N/A	PHU
<b>Text For Baby</b>						
Text4Baby: <a href="#">Dual Language Flyer</a> (PHU English 5/10; Spanish 5/10)	All	Flyer	100/pack			PHU 4066
Text4Baby: Acrylic Referral Card Holder (PHU)	All	Card Holder				PHU 4067
Text4Baby: <a href="#">Referral Cards; Envía Bebe al 511411</a> (PHU English 5/10; Spanish 5/10)	All	3.5" x 2" Cards	100/pack			PHU 4068
Text4Baby: African American (PHU)	All	Poster				PHU 4062
Text4Baby: Caucasian (PHU)	All	Poster				PHU 4063
Text4Baby: Latino (PHU)	All	Poster				PHU 4065
Text4Baby: Native American (PHU)	All	Poster				PHU 4064
<b>Sickle Cell Educational Materials</b>						
About Sickle Cell Disease and Sickle Cell Trait (multicultural) (PHFSU)	All	Brochure 21828			N/A	SC 0004m/E
About Sickle Cell Disease and Sickle Cell Trait (PHFSU)	All	Brochure		38992 ENG.	39339/65564 Span	SC 0004
Hemoglobin & Thalassemia Disorders – What You Should Know (PHFSU)	All	Brochure				
<a href="#">NC Sickle Cell Syndrome Program - 2005 edition</a> (PHFSU)	All	Brochure				SC 0005
NC Sickle Cell Syndrome Program Hemoglobinopathy Screening Card (PHFSU)	All	Card				
Sickle Cell Disease – Facts for You (PHFSU)	All					
Sickle Cell Testing for Newborns (PHFSU)	All	Brochure		PS65572 Eng.	PS65580 Span.	SC 0006
What Everyone Should Know About Kidneys & Kidney Diseases (PHFSU)	All					
What Everyone Should Know About Stroke (Brain Attack) (PHFSU)	All					
You & Your Teeth (PHFSU)	All					