

**Women's Health Branch
PUBLICATIONS ORDER FORM - 11/21/17**
Quantities vary and are often limited. Orders will be filled accordingly.

Name		Agency Phone No.:	
Agency Name			
Agency Mailing Address City/Zip/State Courier No.			

Mail or Fax only the page(s) containing the order to: Women's Health Branch/NCDHHS; 1929 Mail Service Center Raleigh, NC 27699-1929; Courier #56-23-01; Fax number: (919) 870-4827

Office Use Only – Shipped Date: _____

Family Planning & Preconception Health Educational Materials	Available to (Agency Code)	Publication Type	Unit Size/Limit	English Quantity	Spanish Quantity	Office Use Only
Abstinence						
Am I Ready for Sex? (FPRHU)	LHD; TPPI	Brochure	50/pack			FPRHU 0001
Encouraging Abstinence: Ten Tips for Parents (FPRHU)	LHD; TPPI	Brochure	50/pack			FPRHU
Facts about Abstinence/Datos sobre la Abstinencia (FPRHU English 1/14)	LHD; TPPI	Fact Sheet	100/pad			FPRHU 0002
Sex: 10 Best Reasons to Wait (FPRHU)	LHD; TPPI	Brochure	50/pack			FPRHU 0004
Talking Abstinence (FPRHU)	LHD; TPPI	Brochure	50/pack			FPRHU 0005
Adolescent Puberty						
Birth Control: Talking with your Parents (FPRHU)	LHD; TPPI	Brochure	50/pack			FPRHU 0006
Female Facts (FPRHU)	LHD; TPPI	Brochure	50/pack			FPRHU 0007
Menstruation (FPRHU)	LHD; TPPI	Brochure	50/pack			FPRHU 0008
Private Matters: My Monthly Period (FPRHU English 4/10)	All	Wallet Card	100/pack			FPRHU
Puberty Facts (FPRHU)	LHD; TPPI	Brochure	50/pack			FPRHU 0009
Be Smart. Be Ready. A Family Planning Program						
Be Smart. Be Ready. A Family Planning Program Brochure; Spanish (FPRHU 7/16)					Available by download only	
Be Smart. Be Ready. A Family Planning Program Fact Sheet - Patients (FPRHU 5/16)					Available by download only	
Be Smart. Be Ready. A Family Planning Program Fact Sheet—Providers (FPRHU 5/16)					Available by download only	
Birth Control Methods						
Birth Control Facts; Los metodos de control de la natalidad (FPRHU)	LHD; TPPI	Brochure	50/pack			FPRHU 0010/S
Birth Control Method Options; Opciones De Métodos Anticonceptivos (FPRHU 5/16)	LHD; TPPI	Fact Sheet		English/Spanish Combined		FPRHU
Family Planning Methods; Métodos de Planificación Familiar (FPRHU Eng 5/12; Span 5/12)	All	Brochure	50pk/Limit 200			FPRHU
Facts About Birth Control Implants; Datos sobre el Control de la Natalidad Implantes (FPRHU English 12/13; Spanish 3/14)					Available by download only	
Facts About Birth Control Pills; Información acerca de las píldoras anticonceptivas ("La Píldora") (FPRHU English 1/16; Spanish 7/16)	LHD; TPPI	Fact Sheet	100/pad			FPRHU 0012
Facts About Condoms ("Rubbers"); Datos Sobre Los Condomes ("preservativos") (FPRHU English 3/13; Spanish 11/16)	LHD; TPPI	Fact Sheet	100/pad	Download		FPRHU 0013
Facts About Contraceptive Shots; Datos sobre las Inyecciones Anticonceptivas (FPRHU English 3/13; Spanish 3/13)					English – Available by download only	
Facts About Contraceptive Shots; Datos sobre las Inyecciones Anticonceptivas (FPRHU English 3/13; Spanish 3/13)					Available by download only	
Facts About Diaphragms; Información acerca del Diafragma (FPRHU Eng 11/08; Span 2/17)	LHD; TPPI	Fact Sheet	100/pad			FPRHU 0015
Facts About Emergency Contraception; Datos acerca de las Píldoras Anticonceptivas de Emergencia (FPRHU English 9/14; Spanish 10/14)	LHD; TPPI	Fact Sheet	100/pad	Download		FPRHU 0011
Facts About Intrauterine Devices (IUDs); Datos acerca de los Contraceptivos Intrauterinos (DIU) (FPRHU English 3/17; Spanish 3/13)	LHD; TPPI	Fact Sheet	100/pad	Download		FPRHU 0016
Facts About NuvaRing/Datos acerca del Nuva Ringa (FPRHU Eng. 1/16; Span. 7/16)	LHD; TPPI	Fact Sheet	100/pad			FPRHU 0020
Facts About Spermicides; Información acerca de los Espermicidas (FPRHU Eng 3/12; Span 4/12)	LHD; TPPI	Fact Sheet	100/pad			FPRHU 0022

Facts About the Contraceptive Patch; Información acerca del Parche Anticonceptivo (“El Parche”) (FPRHU English 1/16; Spanish 7/16)	LHD; TPPI	Fact Sheet	100/pad			FPRHU 0021
Facts About the Fertility Awareness Method; Información acerca del Anticonceptivo del Ritmo de Fertilidad (FPRHU English 10/17; Spanish 11/17)	All	Fact Sheet	Available by download only			
Gynecological Problems/STIs						
Bacterial Vaginosis; La Vaginosis Bacteriana (FPRHU Eng. 1/16; Spanish 7/16)	All	Brochure	50/pack	Download	Download	FP 0024S
Genital Warts & the Human Papilloma Virus (HPV); La Verrugas Genitales y el Virus del Papiloma Humano (VPH) (FPRHU English 2/15; Spanish 5/15)	LHD; TPPI	Brochure	100/pack	Download		FPRHU 0027
HIV; Keeping it Real; VIH Una Realidad (FPRHU English 4/09; Spanish 4/09)	All	Brochure	50/pack			FPRHU
STD Facts (FPRHU)	LHD; TPPI	Brochure	50/pack			FPRHU 0028
Trichomoniasis (trich); Tricomoniiasis (FPRHU English 2/15; Spanish 5/15)	LHD; TPPI	Brochure	100/pack	Download		FPRHU 0029
English - Available by download only						
Vaginal Discharge; Flujo Vaginal (FPRHU English 2/15; Spanish 5/15)	LHD; TPPI	Brochure	100/pack	Download		FPRHU 0030
English - Available by download only						
Yeast Infection; Candidiasis (FPRHU English 2/15; Spanish 5/15)	LHD; TPPI	Brochure	100/pack	Download	Download	FPRHU 0031
Infertility						
Evaluating Infertility; Evaluación de la infertilidad (FPRHU English/Spanish 6/12)	Available by download only					
Male Involvement						
Body Maintenance Manual; Manual de Mantenimiento del Cuerpo (PHFSU Eng 5/09; Span 8/10)	All	Brochure	25/pack			PHFSU
If You Are A Man...Understanding Birth Control (FPRHU)	LHD; TPPI	Brochure	50/pack			FPRHU 0039
Male Facts (FPRHU)	LHD; TPPI	Brochure	50/pack			FPRHU 0035
Male Self-Exam/Male Self Exam-El examen genital masculino (FPRHU)	LHD; TPPI	Brochure	50/pack	Download		FPRHU 0036
English - Available by download only						
Nutrition/Weight Management						
BMI Chart (Laminated) (PHFSU)	All	Poster	Limit 2			PHFSU
Healthy Habits for Life; Mujer, Madre y Amigo (PHFSU English 8/10; Spanish 4/12)	All	Booklet	25/pack			PHFSU 0105
Is Your Weight Healthy;/Es Su Peso Saludable? (PHFSU English 5/11; Spanish 5/12)	All	Poster				PHFSU 0101
Weight and Men (PHFSU)	LHD; TPPI	Brochure	50/pack			PHFSU 0101
Weight and Women (PHFSU)	LHD; TPPI	Brochure	50/pack			PHFSU 0100
What’s Your BMI? Facts about Body Mass Index (PHFSU)	LHD; TPPI	Brochure	50/pack			PHFSU 0102
Preconception Health/Reproductive Life Planning						
Am I Ready to be a Dad? (PHFSU)	LHD; TPPI	Brochure	50/pack			PHFSU
Am I Ready to be a Mom? (PHFSU)	LHD; TPPI	Brochure	50/pack			PHFSU
Are You Ready? Sex & Your Future;/¿Que harás en tu futuro? (PHFSU Eng 8/10; Span 8/10)	All	Brochure	50/pack			PHFSU 0106
Are You Ready to Be a Dad? (PHFSU)	Available by download only					
Are You Ready to Be a Mom? (PHFSU)	Available by download only					
Choices Health Matters for Women; Mujer Total (PHFSU English 5/11; Spanish 10/8)	All	Magazine	50/pack		N/A	PHFSU
Folic Acid: Combo 2 DVDs (English 6 min; 9 min; 2 Spanish 8 min; 14 min) (PHFSU)	All	DVD	Limit 1			PHFSU
It’s Time to take Care of You/Es hora de dedicarse a su salud cartel (PHFSU)	All	Poster				PHFSU
Looking Back, Moving Forward (2/07) (PHFSU)	Providers					PHFSU
My Health Journal; Mi Diario de Salud (PHFSU English 2008; Spanish 4/10)	All	Brochure	25/pack			PHFSU
Show Your Heart Some Love/Ame a Su Corazón (PHFSU English & Spanish 12/14)	All	Flyer	50/pack			PHFSU 4114/S
Show Your Love (African Americans with folic acid message) (PHFSU 5/13)	All	4” x 9” Card	100/pack			PHFSU
Show Your Love (African Americans with folic acid message) (PHFSU 5/13)	All	11”x16” Poster				PHFSU

Taking Care of Me (PHFSU 6/08)	All	Magazine				PHFSU
Take Care of Yourself (includes folic acid message) (PHFSU 8/12)	All	Brochure				PHFSU
N.C. Preconception Health Strategic Plan: Sept. 2008-2013 (PHFSU)	Available by download only					
N.C. Preconception Health Strategic Plan Supplement 2014-2019 (PHFSU)	All	Booklet				PHFSU
The State of Preconception Health in North Carolina (PHFSU 11/10)	Available by download only					
CME and CNE Modules, Care Plans and Other Resources <ul style="list-style-type: none"> The National Preconception Curriculum and Resources for Clinicians March of Dimes Continuing Nursing Education Preconception Health and Health Care: The Clinical Content of Preconception Care Link to more resources 	Available by download only Available by download only Available by download only Available by download only					
Maternal Health Educational Materials	Available to (Agency Code)	Publication Type	Unit Size/Limit	English Quantity	Spanish Quantity	Office Use Only
Diabetes in Pregnancy						
A Photonovel: Embarazo y Diabetes/Pregnancy and Diabetes (PHU)	All	Bilingual Book				PHU 4080
Gestational Diabetes: Before the Baby, After the Baby; La Diabetes Gestacional - Yo mi Bebé (PHU English 10/10; Spanish 10/11)	All	Fact Sheet	Limit 100			PHU 4070
Health Care Provider Fact Sheet on Postpartum Care (PHU 10/10)	Available by download only					
My Plate for Gestational Diabetes (PHU 4/12)	All	Instructions	50/pack			PHU
Patient Fact Sheet – Before the Baby, After the Baby; La Diabetes Gestacional - Yo y mi Bebé (PHU)	All	Fact Sheet		Download		PHU
	English - Available by download only					
General Maternal Health						
17P Risk Reduction for Repeat Preterm Birth; Reducción del Riesgo de Parto Prematuro Recurrente (PHU 8/15)	All	Booklet	30 pk/Limit 90			PHU
Is 17P Right for Me?; Es adecuada la 17P para mí? (PHU 4/17)	All	Flyer	25pd/Limit 4			PHU
A Test to Save Your Baby's Life; Spanish; Chinese; Hmong; Arabic (C & Y 7/16)	All	Brochure				CY 0010ACMS
Cord Blood Banking in NC/ Datos sobre el almacenamiento de sangre del cordón umbilical (PHU English 12/09; Spanish 5/10)	Available by download only					
E-Cigarettes & Vaping: Information for Women & Their Families (PHFSU 6/17)	All	Booklet	50 pk/Limit 100			PHFSU
Healthy Baby Begins with You	All	Poster				PHU
Healthy Mom, Healthy Baby/Mamá Saludable, Bebé Saludable (PHU English & Spanish 4/17)	All	Booklet				PHU 4011
If You Smoke and Are Pregnant (PHU 11/16)	All	Brochure	50 pk/Limit 100		N/A	PHU
Keeping the Circle Healthy (PHU English 5/7)	All	Brochure	100/pack			PHU
My Pregnancy Calendar; El Calendario de Mi Embarazo (PHU English & Spanish 5/12)	All		25/pack			PHU
North Carolina's Newborn Screening Program–Prenatal Fact Sheet (C&Y 2/17)	All	Fact Sheet	50/pad Limit 200			CY 0112
Our Healthy Baby's Family Album (PHU 5/10)	All	Booklet	50/pack		N/A	PHU
Prevent Preterm Labor; Prevenga El Parto Prematuro (PHU English & Spanish 4/10)	All	Wallet Card	100/pack			PHU
Preventing Chickenpox in Pregnant Women; La Prevención de la Varicela en las Mujeres (PHU English 11/16)	Available by download only					
Sickle Cell Syndrome Program; Ayude a su hijo a estar sano (PHFSU Spanish 4/05)	All	Brochure				PHFSU
Zika Virus for Pregnant and Women of Childbearing Age; El Virus Del Zika Mujeres Embarazada y Mujeres en Edad Fertil (PHU)	Available by download only					
Lead						
Are You Pregnant? Protect Your Baby from Lead Poisoning; ¿Está Usted Embarazada? Protégela a su bebe del envenenamiento con plomo (PHU)	All		Limit 100			PHU 4096
Summary of Public Health Actions Based on Maternal & Infant Blood Lead Levels (PDF, 297 KB)	Available by download only					
Parenting & Baby						

Baby's Safe Sleep Tips/Duerma Seguro a Su Bebé Consejos (without blanket) (PHU Eng & Span 5/15)	All	Flyer	50/pack			PHU
Infant Safe Sleep Checklist; Lista de Control para un Sueño Seguro Cartel (PHU_5/09)	All	Poster		Out of Stock		PHU
My Baby's Safe Sleep Checklist (PHU 5/12)	All	Brochure	50/pack	English/Spanish Combined		PHU
Oh Baby! We Want to Keep You Safe From Secondhand Smoke (PHFSU 3/17)	All	Brochure	25/pk Limit 100			PHFSU
See How We Grow; Observa mi crecimiento (PHU English & Spanish 6/13)	All	Flip Chart	50 pk/Limit 200			PHU
Postpartum						
Taking Care of You: Your Postpartum Health & Visit/Cuidados Para Usted: Salud y Consulta Posparto (PHU Eng. 4/15; Span. 7/15)	All	Booklet	Limit 100		N/A	PHU 4080
Provider Guide: Taking Care of You (PHU 9/10)	Provider Guide available by download only					
You Quit, Two Quit (PHFSU 2/16)	All	Booklet	50pk/Limit 100			PHFSU
Pregnancy Care Management						
Pregnancy Care Management (PHU English 12/12)	All	Brochure			N/A	PHU
Text For Baby						
Text4Baby: Dual Language Flyer (PHU English 5/10; Spanish 5/10)	All	Flyer	100/pack			PHU 4066
Text4Baby: Acrylic Referral Card Holder (PHU)	All	Card Holder				PHU 4067
Text4Baby: Referral Cards; Envía Bebe al 511411 (PHU English 5/10; Spanish 5/10)	All	3.5" x 2" Cards	100/pack			PHU 4068
Text4Baby: African American (PHU)	All	Poster				PHU 4062
Text4Baby: Caucasian (PHU)	All	Poster				PHU 4063
Text4Baby: Latino (PHU)	All	Poster				PHU 4065
Text4Baby: Native American (PHU)	All	Poster				PHU 4064
Sickle Cell Educational Materials						
About Sickle Cell Disease and Sickle Cell Trait (multicultural) (PHFSU)	All	Brochure 21828				Office Use Only SC 0004m/E
About Sickle Cell Disease and Sickle Cell Trait (PHFSU)	All	Brochure		38992 ENG.	39339/65564 Span	SC 0004
Hemoglobin & Thalassemia Disorders – What You Should Know (PHFSU)	All	Brochure				
NC Sickle Cell Syndrome Program - 2005 edition (PHFSU)	All	Brochure				SC 0005
NC Sickle Cell Syndrome Program Hemoglobinopathy Screening Card (PHFSU)	All	Card				
Sickle Cell Disease – Facts for You (PHFSU)	All					
Sickle Cell Testing for Newborns (PHFSU)	All	Brochure		PS65572 Eng.	PS65580 Span.	SC 0006
What Everyone Should Know About Kidneys & Kidney Diseases (PHFSU)	All					
What Everyone Should Know About Stroke (Brain Attack) (PHFSU)	All					
You & Your Teeth (PHFSU)	All					