

# MATERNAL HEALTH HISTORY — Part A

## Definitions

### Demographic Information

- **Age:** place patient's current age
- **Education:** last year completed — e.g., grade school, jr. high, high school, technical/community college, college
- **Religion:** religious practices that have medical or dietary implications
- **Marital Status:** (S) single, (M) married, (W) widowed, (D) divorced, (Sep.) separated
- **Occupation:** describe job and place of employment
- **Address:** Place patient's current address
- **Phone Numbers:** place patient's home, cell and work numbers
- **Emergency Contact:** name and relationship of person to contact in case of emergency and that person's name and telephone numbers

### Allergies/Drug Reactions/Latex Allergies

- Check 1<sup>st</sup> box if "no known allergies" or 2<sup>nd</sup> box for Penicillin
- Include medicines, insects, food, pollens, etc.
- History of allergy injections
- Describe reaction — rash, hives, itching, nausea, vomiting, "passed out"
- Latex Allergy

### Menstrual History

- **Menarche:** age at first menstrual period
- **Frequency:** interval between periods
- **Length:** number of days menstrual periods last
- **Amount:** small, moderate, or heavy bleeding
- **LNMP:** date/describe last normal menstrual period
- **LMP:** date/describe last menstrual period

### Contraceptive History

- Check off "Never used" if appropriate or check off all the boxes of methods patient has used in the past.
- **Methods:** IUDs, oral contraceptives, Depo Provera, Mirena, Copper T, barrier methods, Ring, Implanon, Patch.
- **Others:** write in other methods not listed: i.e. diaphragm, condoms, sponge, Norplant, withdrawal, natural family planning, tubal ligation etc.
- **Future BCM:** write in what method she plans to use after this pregnancy or "unknown" if patient is undecided.
- **Desires BTL:** check off appropriate box if patient plans or does not plan a tubal ligation or "N/A" if under 21 y.o. or it's her first baby.
  - If plans a BTL then fill in the referral date, consent signed date and funding source (if known, if not write unknown).

### Obstetrical History

Include all pregnancies (miscarriages, induced abortions, ectopics, preterm and term deliveries).

- **Gravida:** number of times pregnant, including current pregnancy
- **Term:** number of deliveries between 38 and 42 weeks
- **Preterm:** number of deliveries prior to 37 completed weeks
- **Abortion:** includes both spontaneous and induced; does not include ectopics; see complications below for more information
- **Ectopic:** Number of tubule pregnancies
- **Living:** number of living children from pregnancies listed below
- **No. (list pregnancies):** include all pregnancies (miscarriages, induced abortions, ectopics, preterm and term deliveries) in chronological order

- **Month/Year:** indicate month/year each pregnancy ended
- **Sex:** indicate gender of fetus/infant
- **Birth Weight:** indicate weight of fetus/infant
- **Weeks Gest:** number of weeks gestation when pregnancy ended.
- **Hrs. Labor:** indicate number of hours in labor
- **Anesthesia:** indicate what type used, if any, i.e. epidural, general, etc
- **Delivery Type:** method of delivery — Vaginal or Caesarean Section (C-Section) or Forceps or Vacuum assistance
- **Complications:** (include any antepartum, intrapartum, and/or postpartum complications)

### Useful OB History Terms and Info:

- **Spontaneous Abortions (Miscarriages):** ascertain if 1<sup>st</sup> trimester (0–13 wks) or 2<sup>nd</sup> trimester (14–27 wks.); if 2<sup>nd</sup> trimester loss, ask patient to describe what happened — if delivery was rapid and painless, history could be indicative of an incompetent cervix; note date, location, prenatal care, hospitalization, D&C, postpartum complications (e.g., infections, hemorrhage)
- **Induced Abortions (therapeutic/TABs):** ascertain if 1<sup>st</sup> or 2<sup>nd</sup> trimester; note date, location, hospitalized, postpartum complications
- **Preterm:** labor or birth that occurred before end of the 37<sup>th</sup> week of gestation
- **Ectopic:** date, location, hospitalized, salpingectomy, post operative complications
- **Intrauterine Fetal Death (IUFD, Stillborn):** document cause of death, if known; birth defects, etc., autopsy done?
- **C-section:** why done? Complications  
Inquire as to any history of preterm labor that was treated effectively and patient went to term
- **Postpartum Complications:** particularly ask about postpartum hemorrhage and postpartum depression, infections, etc.
- If patient knows she is Rh neg., ask as to the administration of RhoGAM or MicroGAM with previous pregnancies and deliveries

### Sexual History

- **Age:** when patient became sexually active
- **Number of Partners:** she has had in her lifetime and currently
- **History of Rape:** if applicable check "yes" if not check "no"
- **Current FOB Different than Other Pregnancies:** check "yes" if this is a new FOB, check "no" if is the same FOB or "N/A" if is her first pregnancy. This info is important for genetic testing and pre-eclampsia.

### Medical and Family History

Include as indicated, personal medical history of patient (questions 1–24), family (questions 13–24) and father of baby (questions 21–24). Place your appropriate agency code in the corresponding space. Detail positive findings in space provided. Explain pertinent information that may impact patient care, whether or not a significant problem.

1. **Anemia:** Hgb  $\leq$ 10 gm; Hct  $\leq$ 30%, folate deficiency, vitamin B<sub>12</sub> deficiency (pernicious anemia)
2. **Operations/Hospitalizations:** all surgeries; all hospitalizations
3. **Gastrointestinal Disorders:** chronic constipation, diarrhea, colitis, Crohn's disease, ulcers, gallbladder disease, pancreatitis
4. **Eating Disorders/Special Diets:** anorexia nervosa, bulimia, pica, diet for PKU or other special diet related to a medical condition
5. **Phlebitis/Varicosities:** thrombophlebitis, vulva varicosities, hemorrhoids

6. **Dental Problems:** caries, gingivitis, periodontal disease, dentures
7. **Blood Transfusions:** number of units, date, location, reason — may help patient decide if she wants to be tested for HIV
8. **Tetanus Diphtheria or Tdap Vaccine within 10 Yrs:** date of last one
9. **Varicella:** Chicken Pox
10. **Over the Counter (OTC) Drugs:** list any pharmacy drugs she has or continues to take
11. **Home Remedies/Herbs:** alternative medicines or use of herb products. Include medicines from other counties
12. **Urinary Tract Disorders:** one kidney, chronic pyelonephritis, nephrosis, on dialysis, kidney stones, special diets, urinary tract infections
13. **History Since Becoming Pregnant:** doctor's office visits, emergency room visits, illnesses, bleeding, accidents, x-rays, ultrasounds, medications taken, etc
14. **Hypertension:** high blood pressure
15. **Diabetes/Gestational:** insulin/oral meds, diet controlled, childhood/ adult onset; diabetes only during a pregnancy
16. **Cardiac Disorders/Rheumatic Fever:** murmur, heart attack, bypass surgery, rheumatic fever, myocardial infarction
17. **Endocrine Disorders/Thyroid:** hyper- or hypo-thyroidism
18. **Neurological Disorders:** epilepsy (fits, convulsions), multiple sclerosis, migraines/headaches
19. **Gynecological Disorders/DES Exposure:** bicornate uterus, ovarian cyst, fibroids, abnormal pap smears, colposcopy, did mother take DES when pregnant with patient
20. **Multiple Births:** only significant in patient's family history; for examples, twins, triplets, quadruplets, etc.
21. **Cancer:** type, if known; site(s)
22. **Accidents/Physical Trauma:** fractures, dislocations, auto accidents, battering, pelvic trauma
23. **Pulmonary Disorders/Tuberculosis:** asthma, emphysema, history of positive T.B. skin test
24. **Liver Disorder/Hepatitis (A,B,C):** cirrhosis
25. **Psychiatric Disorders/Depression:** bi-polar (manic-depressive), schizophrenic, depression, suicide attempts, treatment for substance abuse, postpartum depression

### Patient's Preexisting Risk Guide

Check off any of the boxes which apply due to the patient's history.

### Present Pregnancy Risk Guide

During the current pregnancy if a problem arises, document the month and date the problem arose.

- Use Agency Policy and refer to High Risk Clinic as needed. Also, always consult with your MD per your agency policies.