1. Last Name First Name								MI	
2. Patient Number									
3. Date of Birth (MM/DD/YYYY)									
		Мо	nth	Da	ay		Υe	ear	
Race □ American Indian or Alaska Native □ Asian □ Black/African American □ Native Hawaiian/Other Pacific Islander □ Unknown □ White □ Other									
•	 ☐ Hispanic Mexican American ☐ Hispanic Puerto Rican ☐ Unreported 								
6. Gender □ Female □ Male									
7. County of Residence									

N.C. Department of Health and Human Services Division of Public Health Women Infant and Community Wellness Section

MATERNAL PHYSICAL EXAMINATION

(See Instructions)

	spanio/Latino L	Omoported		
6. Gender ☐ Female ☐	Male			
7. County of Residence				
INITIAL PHYSICAL EX	AMINATION		EXAM DATE:	Detail Positive Findings Below
PART A — SYSTEM				
All items under system a (If yes, proceed to Part E	re normal □ \	es □ No		
	Normal	Abnormal	Comments	
Skin				
HENT				
Eyes				
Teeth				
Lymph Nodes				
Thyroid				
Lungs				
Heart				
Breasts-Nipples				
Abdomen				
Extremities				
PART B — PELVIC EXAM	/I (including ute	erine size or fund	dal height)	
	Normal	Abnormal	Comments	
Perineum (if indicated)				
Vagina (if indicated)				
Cervix				
Cervix: Long/Closed/Pos	sterior (L/C/P) -	_ □ V os □ N		
_	sterior (L/C/I) -			
☐ Other				
Uterine size				
PART C — DIAGRAMS FOR ABNORMAL FINDINGS (PRN)				
Assessment Exam W	NL — □ Yes	□ No S=	:D — □ Yes □ No	
Comments/Counseling	l			
RTC				
Examiner Signature	Date:			
Interpreter Used:	Date:			
iliterpreter Osed. L	Date			

Instructions for Maternal Physical Examination

Purpose: To assess, document and evaluate health related information on the prenatal patient.

Instructions: Initial Physical Examination: Indicate whether within normal limits by placing your institution's appropriate acceptable abbreviation. Record any additional objective data as appropriate.

If all items under a section are normal you may check off the "yes" box and proceed to the next section. If anything in that section is abnormal then check the "no" box and fill out each item in that section individually.

- Physical Self-explanatory
- · Pelvic Exam Self-explanatory
- Diagrams Draw any positive findings as needed
- Detail Positive Findings Below Explain pertinent information that may impact patient care whether or not
 a significant problem
- Assessment Check off if exam is "Within Normal Limits" (WNL) and if "Size equal Dates" (S=D)
- Other Assessment Write in any other findings/assessments
- Comments/Counseling use this space for any other comments or specific counseling given client as a
 result of findings during physical examination. If you are using a progress note for extra notes document
 here "see progress note"
- Return to Clinic (RTC) indicate the date or the number of weeks the patient is to return for next appointment
- · Examiner Signature Self explanatory
- Interpreter Used Self explanatory

Disposition: This form is to be retained in accordance with the records disposition schedule of medical records as issued by the Division of Archives and History.

Location: Go to the following link to access this form and print as needed: https://wicws.dph.ncdhhs.gov/provPart/forms.htm