

1. Last Name	First Name	MI
2. Patient Number		
3. Date of Birth (MM/DD/YYYY)		
	Month	Day
4. Race <input type="checkbox"/> American Indian or Alaska Native <input type="checkbox"/> Asian <input type="checkbox"/> Black/African American <input type="checkbox"/> Native Hawaiian/Other Pacific Islander <input type="checkbox"/> Unknown <input type="checkbox"/> White		Year
5. Ethnic Origin <input type="checkbox"/> Hispanic Cuban <input type="checkbox"/> Hispanic Mexican American <input type="checkbox"/> Hispanic Other <input type="checkbox"/> Hispanic Puerto Rican <input type="checkbox"/> Not Hispanic/Latino <input type="checkbox"/> Unreported		
6. Gender <input type="checkbox"/> Female <input type="checkbox"/> Male		
7. County of Residence		

## Request and Consent for the IUD Copper T 380A (ParaGard®)

**Voluntary Participation and Confidentiality Statement:** Title X services are provided solely on a voluntary basis. Individuals must not be subjected to coercion to receive services or to use or not to use any particular method of family planning. Acceptance of family planning services must not be a prerequisite to eligibility for, or receipt of, any other service or assistance from or participation in any other programs of the applicant. This information is confidential and will be treated as such.

Birth control methods may have good or bad side effects or complications, which may be harmful to me. I have been told that the most frequent benefits, risks and side effects are those listed below. Others not listed may occur.

### Copper T 380A (ParaGard®) Use Effectiveness: 99.4–99.6 Percent

Benefits	Possible Risks/Disadvantages	Possible Side Effects
1. Highly effective	1. Infection occurs rarely within the first few days after insertion.	1. Increased menstrual bleeding
2. Contraception lasts for 10 years	2. IUD may go through the uterus. This is called perforation.	2. Increased menstrual cramping
3. Gives freedom for greater sexual spontaneity	3. The IUD may come out by itself. Use of a backup birth control method would be required for expulsion.	
4. Easily reversible	4. No protection from sexually transmitted diseases including HIV	
5. Convenient	5. Allergy to copper	
6. Does not change the composition of breast milk or the volume		
7. Reduce risk of ectopic pregnancy		
8. Cost effective		

*Contraceptive Technology* 19<sup>th</sup> ed. 2007

- I do not wish to become pregnant now. One benefit of choosing a method of birth control is that I will be better able to delay a pregnancy until it is desired.
- All contraceptives offered by this clinic have been explained to me. I may change to another method if medically recommended. Also, I may stop using a birth control method if I wish to become pregnant. Instructions for the use of my chosen method have been given to me.
- I understand that to continue the use of the copper IUD, I must come to the clinic for a check up after insertion (one to three months as determined by the healthcare provider) and at my yearly check up. It is my responsibility to schedule my follow up appointment at the time determined at the visit and for my yearly health check. I also understand it is my responsibility to check for the IUD strings monthly and call my health care provider if I am unable to locate the strings.
- I understand that if any of the following danger signs occur severe abdominal pain, unexplained fever or fever after insertion, pelvic pain or pain during sex, unusual vaginal discharge, genital sores, cannot feel the IUD strings, have severe or prolonged vaginal bleeding or if partner has a sexually transmitted disease, I know to seek medical attention immediately.

