

**Women's Health Branch  
PUBLICATIONS ORDER FORM - 8/8/17**  
Quantities vary and are often limited. Orders will be filled accordingly.

<b>Name</b>		<b>Agency Phone No.:</b>	
<b>Agency Name</b>			
<b>Agency Mailing Address City/Zip/State Courier No.</b>			

**Mail or Fax only the page(s) containing the order to:** Women's Health Branch/NCDHHS; 1929 Mail Service Center Raleigh, NC 27699-1929; Courier #56-23-01; Fax number: (919) 870-4827

*Office Use Only – Shipped Date:* \_\_\_\_\_

Family Planning & Preconception Health Educational Materials	Available to (Agency Code)	Publication Type	Unit Size/Limit	English Quantity	Spanish Quantity	Office Use Only
<b>Abstinence</b>						
Am I Ready for Sex? (FPRHU)	LHD; TPPI	Brochure	50/pack		N/A	FPRHU 0001
<a href="#">Encouraging Abstinence: Ten Tips for Parents</a> (FPRHU)	LHD; TPPI	Brochure	50/pack			FPRHU
<a href="#">Facts about Abstinence/Datos sobre la Abstinencia</a> (FPRHU English 1/14; Spanish 8/14)	LHD; TPPI	Fact Sheet	100/pad			FPRHU 0002
<a href="#">Sex: 10 Best Reasons to Wait</a> (FPRHU)	LHD; TPPI	Brochure	50/pack			FPRHU 0004
<a href="#">Talking Abstinence</a> (FPRHU)	LHD; TPPI	Brochure	50/pack			FPRHU 0005
<b>Adolescent Puberty</b>						
<a href="#">Birth Control: Talking with your Parents</a> (FPRHU)	LHD; TPPI	Brochure	50/pack		N/A	FPRHU 0006
<a href="#">Female Facts</a> (FPRHU)	LHD; TPPI	Brochure	50/pack			FPRHU 0007
Menstruation (FPRHU)	LHD; TPPI	Brochure	50/pack			FPRHU 0008
<a href="#">Private Matters: My Monthly Period</a> (FPRHU English 4/10)	All	Wallet Card	100/pack		N/A	FPRHU
<a href="#">Puberty Facts</a> (FPRHU)	LHD; TPPI	Brochure	50/pack			FPRHU 0009
<b>Be Smart. Be Ready. A Family Planning Program</b>						
<a href="#">Be Smart. Be Ready. A Family Planning Program Brochure; Spanish</a> (FPRHU 7/16)	Available by download only					
<a href="#">Be Smart. Be Ready. A Family Planning Program Fact Sheet - Patients</a> (FPRHU 5/16)	Available by download only					
<a href="#">Be Smart. Be Ready. A Family Planning Program Fact Sheet—Providers</a> (FPRHU 5/16)	Available by download only					
<b>Birth Control Methods</b>						
<a href="#">Birth Control Facts; Los metodos de control de la natalidad</a> (FPRHU)	LHD; TPPI	Brochure	50/pack			FPRHU 0010/S
<a href="#">Birth Control Method Options; Opciones De Métodos Anticonceptivos</a> (FPRHU 5/16)	LHD; TPPI	Fact Sheet		English/Spanish Combined		FPRHU
<a href="#">Family Planning Methods; Métodos de Planificación Familiar</a> (FPRHU Eng 5/12; Span 5/12)	All	Brochure	50pk/Limit 200			FPRHU
<a href="#">Facts About Birth Control Implants; Datos sobre el Control de la Natalidad Implantes</a> (FPRHU English 12/13; Spanish 3/14)	Available by download only					
<a href="#">Facts About Birth Control Pills; Información acerca de las píldoras anticonceptivas ("La Píldora")</a> (FPRHU English 1/16; Spanish 7/16)	LHD; TPPI	Fact Sheet	100/pad			FPRHU 0012
<a href="#">Facts About Condoms ("Rubbers"); Datos Sobre Los Condomes ("preservativos")</a> (FPRHU English 3/13; Spanish 11/16)	LHD; TPPI	Fact Sheet	100/pad	Download		FPRHU 0013
<a href="#">Facts About Contraceptive Shots; Datos sobre las Inyecciones Anticonceptivas</a> (FPRHU English 3/13; Spanish 3/13)	English – Available by download only					
<a href="#">Facts About Contraceptive Shots; Datos sobre las Inyecciones Anticonceptivas</a> (FPRHU English 3/13; Spanish 3/13)	Available by download only					
<a href="#">Facts About Diaphragms; Información acerca del Diafragma</a> (FPRHU Eng 11/08; Span 2/17)	LHD; TPPI	Fact Sheet	100/pad			FPRHU 0015
<a href="#">Facts About Emergency Contraception; Datos acerca de las Píldoras Anticonceptivas de Emergencia</a> (FPRHU English 9/14; Spanish 10/14)	LHD; TPPI	Fact Sheet	100/pad			FPRHU 0011
<a href="#">Facts About Intrauterine Devices (IUDs); Datos acerca de los Contraceptivos Intrauterinos (DIU)</a> (FPRHU English 3/17; Spanish 3/13)	LHD; TPPI	Fact Sheet	100/pad	Download		FPRHU 0016
<a href="#">Facts About Natural Family Planning</a> (FPRHU)	English - Available by download only					
<a href="#">Facts About Natural Family Planning</a> (FPRHU)	LHD; TPPI	Fact Sheet	100/pad			FPRHU 0018
<a href="#">Facts About NuvaRing/Datos acerca del Nuva Ringa</a> (FPRHU Eng. 1/16; Span. 7/16)	LHD; TPPI	Fact Sheet	100/pad			FPRHU 0020

<a href="#">Facts About Spermicides; Información acerca de los Espermicidas</a> (FPRHU Eng 3/12; Span 4/12)	LHD; TPPI	Fact Sheet	100/pad			FPRHU 0022
<a href="#">Facts About the Contraceptive Patch; Información acerca del Parche Anticonceptivo (“El Parche”)</a> (FPRHU English 1/16; Spanish 7/16)	LHD; TPPI	Fact Sheet	100/pad			FPRHU 0021
<b>Gynecological Problems/STIs</b>						
<a href="#">Bacterial Vaginosis; La Vaginosis Bacteriana</a> (FPRHU Eng. 1/16; Spanish 7/16)	All	Brochure	50/pack	<b>Download</b>		FP 0024S
<b>English - Available by download only</b>						
<a href="#">Genital Warts &amp; the Human Papilloma Virus (HPV); La Verrugas Genitales y el Virus del Papiloma Humano (VPH)</a> (FPRHU English 2/15; Spanish 5/15)	LHD; TPPI	Brochure	100/pack			FPRHU 0027
<a href="#">HIV: Keeping it Real; VIH Una Realidad</a> (FPRHU English 4/09; Spanish 4/09)	All	Brochure	50/pack			FPRHU
<a href="#">STD Facts</a> (FPRHU)	LHD; TPPI	Brochure	50/pack			FPRHU 0028
<a href="#">Trichomoniasis</a> (trich); <a href="#">Tricomoniiasis</a> (FPRHU English 2/15; Spanish 5/15)	LHD; TPPI	Brochure	100/pack	<b>Download</b>		FPRHU 0029
<b>English - Available by download only</b>						
<a href="#">Vaginal Discharge; Flujo Vaginal</a> (FPRHU English 2/15; Spanish 5/15)	LHD; TPPI	Brochure	100/pack	<b>Download</b>		FPRHU 0030
<b>English - Available by download only</b>						
<a href="#">Yeast Infection; Candidiasis</a> (FPRHU English 2/15; Spanish 5/15)	LHD; TPPI	Brochure	100/pack	<b>Download</b>		FPRHU 0031
<b>English - Available by download only</b>						
<b>Infertility</b>						
<a href="#">Evaluating Infertility; Evaluación de la infertilidad</a> (FPRHU English/Spanish 6/12)	<b>Available by download only</b>					
<b>Male Involvement</b>						
<a href="#">Body Maintenance Manual; Manual de Mantenimiento del Cuerpo</a> (PHFSU Eng 5/09; Span 8/10)	All	Brochure	25/pack			PHFSU
<a href="#">If You Are A Man... Understanding Birth Control</a> (FPRHU)	LHD; TPPI	Brochure	50/pack			FPRHU 0039
<a href="#">Male Facts</a> (FPRHU)	LHD; TPPI	Brochure	50/pack			FPRHU 0035
<a href="#">Male Self-Exam/Male Self Exam-El examen genital masculino</a> (FPRHU)	LHD; TPPI	Brochure	50/pack	<b>Download</b>		FPRHU 0036
<b>English - Available by download only</b>						
<b>Nutrition/Weight Management</b>						
<a href="#">BMI Chart (Laminated)</a> (PHFSU)	All	Poster	Limit 2			PHFSU
<a href="#">Healthy Habits for Life; Mujer, Madre y Amigo</a> (PHFSU English 8/10; Spanish 4/12)	All	Booklet	25/pack			PHFSU 0105
<a href="#">Is Your Weight Healthy;/Es Su Peso Saludable?</a> (PHFSU English 5/11; Spanish 5/12)	All	Poster				PHFSU 0101
Weight and Men (PHFSU)	LHD; TPPI	Brochure	50/pack			PHFSU 0101
Weight and Women (PHFSU)	LHD; TPPI	Brochure	50/pack			PHFSU 0100
<a href="#">What’s Your BMI? Facts about Body Mass Index</a> (PHFSU)	LHD; TPPI	Brochure	50/pack			PHFSU 0102
<b>Preconception Health/Reproductive Life Planning</b>						
<a href="#">Am I Ready to be a Dad?</a> (PHFSU)	LHD; TPPI	Brochure	50/pack			PHFSU
<a href="#">Am I Ready to be a Mom?</a> (PHFSU)	LHD; TPPI	Brochure	50/pack			PHFSU
<a href="#">Are You Ready? Sex &amp; Your Future;/¿Que harás en tu futuro?</a> (PHFSU Eng 8/10; Span 8/10)	All	Brochure	50/pack			PHFSU 0106
<a href="#">Are You Ready to Be a Dad?</a> (PHFSU)	<b>Available by download only</b>					
<a href="#">Are You Ready to Be a Mom?</a> (PHFSU)	<b>Available by download only</b>					
<a href="#">Choices Health Matters for Women; Mujer Total</a> (PHFSU English 5/11; Spanish 10/8)	All	Magazine	50/pack		N/A	PHFSU
Folic Acid: Combo 2 DVDs (English 6 min; 9 min; 2 Spanish 8 min; 14 min) (PHFSU)	All	DVD	Limit 1			PHFSU
It’s Time to take Care of You/Es hora de dedicarse a su salud cartel (PHFSU)	All	Poster				PHFSU
<a href="#">Looking Back, Moving Forward</a> (2/07) (PHFSU)	Providers					PHFSU
<a href="#">My Health Journal; Mi Diario de Salud</a> (PHFSU English 2008; Spanish 4/10)	All	Brochure	25/pack			PHFSU
<a href="#">Show Your Heart Some Love/Ame a Su Corazón</a> (PHFSU English & Spanish 12/14)	All	Flyer	50/pack			PHFSU 4114/S
<a href="#">Show Your Love</a> (African Americans with folic acid message) (PHFSU 5/13)	All	4” x 9” Card	100/pack			PHFSU

<a href="#">Show Your Love</a> (African Americans with folic acid message) (PHFSU 5/13)	All	11"x16" Poster				PHFSU
<a href="#">Taking Care of Me</a> (PHFSU 6/08)	All	Magazine				PHFSU
<a href="#">Take Care of Yourself</a> (includes folic acid message) (PHFSU 8/12)	All	Brochure				PHFSU
<a href="#">N.C. Preconception Health Strategic Plan: Sept. 2008-2013</a> (PHFSU)	Available by download only					
<a href="#">N.C. Preconception Health Strategic Plan Supplement 2014-2019</a> (PHFSU)	All	Booklet				PHFSU
<a href="#">The State of Preconception Health in North Carolina</a> (PHFSU 11/10)	Available by download only					
CME and CNE Modules, Care Plans and Other Resources <ul style="list-style-type: none"> <li><a href="#">The National Preconception Curriculum and Resources for Clinicians</a></li> <li><a href="#">March of Dimes Continuing Nursing Education</a></li> <li><a href="#">Preconception Health and Health Care: The Clinical Content of Preconception Care</a></li> <li><a href="#">Link to more resources</a></li> </ul>	Available by download only Available by download only Available by download only Available by download only					
<b>Maternal Health Educational Materials</b>	<b>Available to (Agency Code)</b>	<b>Publication Type</b>	<b>Unit Size/Limit</b>	<b>English Quantity</b>	<b>Spanish Quantity</b>	<b>Office Use Only</b>
<b>Diabetes in Pregnancy</b>						
<a href="#">A Photonovel: Embarazo y Diabetes/Pregnancy and Diabetes</a> (PHU)	All	Bilingual Book				PHU 4080
<a href="#">Gestational Diabetes: Before the Baby, After the Baby; La Diabetes Gestacional - Yo y mi Bebé</a> (PHU English 10/10; Spanish 10/11)	All	Fact Sheet	Limit 100			PHU 4070
<a href="#">Health Care Provider Fact Sheet on Postpartum Care</a> (PHU 10/10)	Available by download only					
<a href="#">My Plate for Gestational Diabetes</a> (PHU 4/12)	All	Instructions	50/pack			PHU
<a href="#">Patient Fact Sheet – Before the Baby, After the Baby; La Diabetes Gestacional - Yo y mi Bebé</a> (PHU)	All	Fact Sheet		Download		PHU
	English - Available by download only					
<b>General Maternal Health</b>						
<a href="#">17P Risk Reduction for Repeat Preterm Birth; Reducción del Riesgo de Parto Prematuro Recurrente</a> (PHU 8/15)	All	Booklet	30 pk/Limit 90			PHU
<a href="#">Is 17P Right for Me?; Es adecuada la 17P para mí?</a> (PHU 4/17)	All	Flyer	20pd/Limit 4			PHU
<a href="#">A Test to Save Your Baby's Life; Spanish; Chinese; Hmong; Arabic</a> (C & Y 7/16)	All	Brochure				CY 0010ACMS
<a href="#">Cord Blood Banking in NC/ Datos sobre el almacenamiento de sangre del cordón umbilical</a> (PHU English 12/09; Spanish 5/10)	Available by download only					
<a href="#">E-Cigarettes &amp; Vaping: Information for Women &amp; Their Families</a> (PHFSU 6/17)	All	Booklet	50 pk/Limit 100			PHFSU
<a href="#">Healthy Baby Begins with You</a>	All	Poster				PHU
<a href="#">Healthy Mom, Healthy Baby/Mamá Saludable, Bebé Saludable</a> (PHU English & Spanish 4/17)	All	Booklet				PHU 4011
<a href="#">If You Smoke and Are Pregnant</a> (PHU 11/16)	All	Brochure	50 pk/Limit 100		N/A	PHU
<a href="#">Keeping the Circle Healthy</a> (PHU English 5/7)	All	Brochure	100/pack			PHU
<a href="#">My Pregnancy Calendar; El Calendario de Mi Embarazo</a> (PHU English & Spanish 5/12)	All		25/pack			PHU
<a href="#">North Carolina's Newborn Screening Program–Prenatal Fact Sheet</a> (C&Y 2/17)	All	Fact Sheet	50/pad Limit 200			CY 0112
<a href="#">Our Healthy Baby's Family Album</a> (PHU 5/10)	All	Booklet	50/pack		N/A	PHU
<a href="#">Prevent Preterm Labor; Prevenga El Parto Prematuro</a> (PHU English & Spanish 4/10)	All	Wallet Card	100/pack			PHU
<a href="#">Preventing Chickenpox in Pregnant Women; La Prevención de la Varicela en las Mujeres</a> (PHU English 11/16)	Available by download only					
<a href="#">Sickle Cell Syndrome Program; Ayude a su hijo a estar sano</a> (PHFSU Spanish 4/05)	All	Brochure				PHFSU
<a href="#">Zika Virus for Pregnant and Women of Childbearing Age; El Virus Del Zika Mujeres Embarazada y Mujeres en Edad Fetil</a> (PHU)	Available by download only					
<b>Lead</b>						
<a href="#">Are You Pregnant? Protect Your Baby from Lead Poisoning; ¿Está Usted Embarazada? Protégela a su bebe del envenenamiento con plomo</a> (PHU)	All		Limit 100			PHU 4096
<a href="#">Summary of Public Health Actions Based on Maternal &amp; Infant Blood Lead Levels</a> (PDF, 297 KB)	Available by download only					

<b>Parenting &amp; Baby</b>							
<a href="#">Baby's Safe Sleep Tips/Duerma Seguro a Su Bebé Consejos</a> (without blanket) (PHU Eng & Span 5/15)	All	Flyer	50/pack			PHU	
<a href="#">Infant Safe Sleep Checklist; Lista de Control para un Sueño Seguro Cartel</a> (PHU_5/09)	All	Poster			Out of Stock	PHU	
<a href="#">My Baby's Safe Sleep Checklist</a> (PHU 5/12)	All	Brochure	50/pack		English/Spanish Combined	PHU	
<a href="#">Oh Baby! We Want to Keep You Safe From Secondhand Smoke</a> (PHFSU 3/17)	All	Brochure	25/pk Limit 100			PHFSU	
<a href="#">See How We Grow; Observa mi crecimiento</a> (PHU English & Spanish 6/13)	All	Flip Chart	50 pk/Limit 200			PHU	
<b>Postpartum</b>							
<a href="#">Taking Care of You: Your Postpartum Health &amp; Visit/Cuidados Para Usted: Salud y Consulta Posparto</a> (PHU Eng. 4/15; Span. 7/15)	All	Booklet	Limit 100		N/A	PHU 4080	
<a href="#">Provider Guide: Taking Care of You</a> (PHU 9/10)	Provider Guide available by download only						
<a href="#">You Quit, Two Quit</a> (PHFSU 2/16)	All	Booklet	50pk/Limit 100			PHFSU	
<b>Pregnancy Care Management</b>							
<a href="#">Pregnancy Care Management</a> (PHU English 12/12)	All	Brochure			N/A	PHU	
<b>Text For Baby</b>							
Text4Baby: <a href="#">Dual Language Flyer</a> (PHU English 5/10; Spanish 5/10)	All	Flyer	100/pack			PHU 4066	
Text4Baby: Acrylic Referral Card Holder (PHU)	All	Card Holder				PHU 4067	
Text4Baby: <a href="#">Referral Cards; Envía Bebe al 511411</a> (PHU English 5/10; Spanish 5/10)	All	3.5" x 2" Cards	100/pack			PHU 4068	
Text4Baby: African American (PHU)	All	Poster			N/A	PHU 4062	
Text4Baby: Caucasian (PHU)	All	Poster			N/A	PHU 4063	
Text4Baby: Latino (PHU)	All	Poster		N/A		PHU 4065	
Text4Baby: Native American (PHU)	All	Poster			N/A	PHU 4064	
<b>Sickle Cell Educational Materials</b>		<b>Available to (Agency Code)</b>	<b>Publication Type</b>	<b>Unit Size/Limit</b>	<b>English Quantity</b>	<b>Spanish Quantity</b>	<b>Office Use Only</b>
About Sickle Cell Disease and Sickle Cell Trait (multicultural) (PHFSU)		All	Brochure21828			N/A	SC 0004m/E
About Sickle Cell Disease and Sickle Cell Trait (PHFSU)		All	Brochure		38992 ENG.	39339/65564 Span	SC 0004
A Parent's Handbook for Sickle Cell Disease (part I) (PHFSU)		All	Brochure			N/A	SC 0001
A Parent's Handbook for Sickle Cell Disease (part II) (PHFSU)		All	Brochure	Out Of Stock		N/A	SC 0002
A Teacher Can Make A Difference (PHFSU)		All		Limit 20			SC 0025
<a href="#">NC Sickle Cell Syndrome Program - 2005 edition</a> (PHFSU)		All	Brochure				SC 0005
Physicians Reference For the Management of Sickle Cell & Other Abnormal Hemoglobins ( <i>Must submit name &amp; facility address of Provider.</i> ) (PHFSU)		Medical Providers Only					
Sickle Cell Testing for Newborns (PHFSU)		All	Brochure		PS65572 Eng.	PS65580 Span.	SC 0006
Answers to Questions About Sickle Cell Disease (PHFSU)		All					
Transfusion Can Reduce The Risk of Strokes In Sickle Cell Anemia (PHFSU)		All					
Prenatal Tests For Sickle Cell Anemia (PHFSU)		All					
A Bone Marrow Transplant Cures Sickle Cell Anemia (PHFSU)		All					
Penicillin Pills Prevent Fatal Infections (PHFSU)		All					
Sickle Cell Trait And Rigorous Exercise In the Military (PHFSU)		All					
Sickle Cell Anemia and Fetal Hemoglobin (PHFSU)		All					
A Substance That Sparks A Gene That Could Ease Sickle Cell Anemia (PHFSU)		All					
A Test That May Predict Strokes (PHFSU)		All					
Hydroxyurea - The First Effective Treatment For Sickle Cell Anemia (PHFSU)		All					
An Experimental Transplant Cures a Teenagers Sickle Cell Anemia (PHFSU)		All					
Procedure Enables Sickle Cell Trait Couples To have Babies Without Sickle Cell Trait or Sickle Cell Anemia (PHFSU)		All					
A Low Salt Treatment (PHFSU)		All					