

North Carolina “Be Smart” Family Planning Waiver Program

First Time Motherhood/New Parent Initiative

**EDGECOMBE - GATES - HALIFAX -
HERTFORD - NASH - NORTHAMPTON**



Purpose of the Family Planning Waiver (FPW)

To reduce unintended pregnancies and improve the well-being of children and families in North Carolina by extending eligibility.



BENEFITS

- Reaches peoples otherwise not being served
- Improves birth spacing
- Can significantly lower the number of:
 - Perinatal complications
 - Infant mortality
 - Babies born
 - **Prematurely / low birth weight**
 - **With birth defects**
 - **Medical complications**
 - Child abuse and/or neglect
 - Abortions
- Recruitment of Family Planning Waiver patients should result in increased Title X slots for patients, including the uninsured, at the Local Health Departments

Eligible Recipients

- ✓ **Women age 19-55**
- ✓ **Men age 19-60**
- ✓ **Income at or below 185% federal poverty level**
- ✓ **U.S. citizens or documented immigrants**
- ✓ **Residents of North Carolina**
- ✓ **Not incarcerated**
- ✓ **Not pregnant**
- ✓ **Not permanently sterilized, or unable to have children**
- ✓ **Not on Medicare**

Eligibility Determination

- **Potential enrollees cannot choose the Medicaid Family Planning Waiver**
- **State first must determine if eligible under a more comprehensive Medicaid coverage category**
- **No auto-eligibility**
- **No presumptive eligibility**
- **Can receive three months retroactive coverage**

Services Offered

- **Exams (including counseling and education)**
- **Laboratory procedures**
- **Medically approved methods, procedures, pharmaceutical supplies, and devices to prevent contraception**
- **Voluntary sterilization**



Service Limits

- **Only specific family planning services and supplies covered**
- **New family planning methods and services must be approved by the Centers for Medicare and Medicaid Services (CMS)**
- **Services must be performed within the scope of a “family planning office visit”**

Non-Covered Services

- **Abortions**
- **Ambulance**
- **Dental**
- **Durable Medical Equipment**
- **Infertility Services**
- **Inpatient Hospital Services**
- **Mental Health**

Non-Covered Services (cont.)

- **Optical**
- **AIDS Treatment**
- **Cancer Treatment**
- **Sick Visits**
- **Medical conditions/problems discovered during a screening**
- **Medical conditions/problems caused by or following a family planning procedure**

Service Providers

- **Local Health Departments**
- **Federally Qualified Health Centers**
- **Ambulatory Surgery Centers**
- **Rural Health Clinics**
- **Physicians**
- **Nurse Practitioners**
- **Nurse Midwives**
- **Certified Registered Nurse Anesthetists**
- **Laboratories**
- **Outpatient Hospitals**

Annual Examinations

- **Must be performed for all waiver recipients before any other waiver services can be provided**
- **Limited to one per 365 days**



Periodic Visit

- **Follow-up**
- **Office “After Hours”**
- **Six per 365 days**

Laboratory Procedures

- **Pregnancy Test**
- **Urinalysis**
- **Blood Count**
- **Pap Smear**
- **HIV Screening**
- **STI Screening**

Laboratory Procedures

- **One allowed “in conjunction with an annual exam”**

Note: “in conjunction” – date of procedure or up to 30 days after

(Example: July 2, 2006 you have until Aug. 1, 2006)

- **Exception to “in conjunction” rule – pregnancy tests**

Pregnancy Tests

- Allowed during annual exam, periodic visit, office “after hours”, sterilization consultation, and sterilization pre-operative
- Total of 7 pregnancy tests allowed per 365 days

STI Treatment

- **One course of approved antibiotics for each organism**
- **Approved antibiotic list can be found in the N.C. Medicaid Special Bulletin, Attachment C, May 2006**

Sterilizations

Providers must adhere to all federal guidelines.

- One per lifetime**
- NC Medicaid does not cover reversals**
- Two office consultations per lifetime**
- Covers outpatient sterilization only**

Covered Contraceptives



- **FDA approved and Medicaid covered**
- **Pharmaceutical supplies**
- **No “brand medically necessary” if generic available**

Covered Contraceptives

- Diaphragm Fitting
- Injectable drugs
- I.U.D.
- Norplant Removal
- Mirena
- Nuva-Ring
- Birth Control Pills
- Ortho Evra
- Emergency Contraceptives

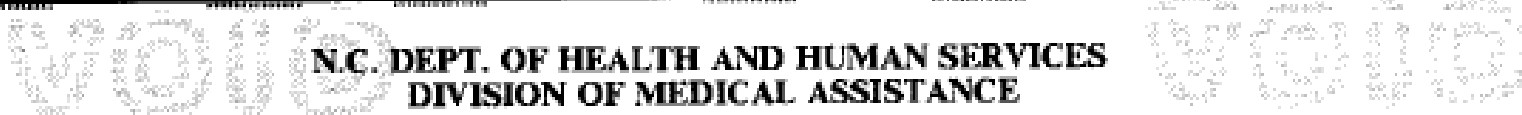
Referrals

- ❑ **Outside scope of FPW**
- ❑ **“Safety Net” providers:**

<http://www.nciom.org/projects/SafetyNet/NCsafetynetorglist.html>

FPW Medicaid Card

THIS DOCUMENT CONTAINS FLUORESCENT FIBERS, FLUORESCENT ARTIFICIAL WATERMARK AND IS PRINTED ON CHEMICAL REACTIVE PAPER



N.C. DEPT. OF HEALTH AND HUMAN SERVICES
DIVISION OF MEDICAL ASSISTANCE

Cut along dotted lines

MEDICAID IDENTIFICATION CARD

CAP CODE	COUNTY	CASE #	ISSUANCE	PROGRAM	CLASS
SAMPLE					
VALID			THRU		
Recipient Signature _____ (Not valid unless signed)					
MISUSE MAY RESULT IN FRAUD PROSECUTION					

Cut along dotted lines

N.C. DEPT. OF HEALTH AND HUMAN SERVICES
DIVISION OF MEDICAL ASSISTANCE

RECIPIENT ID.	ELIGIBLES FOR MEDICAID	DOB	BIRTH DATE	SEX
*** FAMILY PLANNING WAIVER *** RECIPIENT ELIGIBLE FOR LIMITED FAMILY PLANNING SERVICES ONLY				
INS.#	NAME CODE	POLICY NUMBER	TYPE	

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DMA-5625 (08/10) med/MJ



North Carolina
Medicaid Special Bulletin



An Information Service of the Division of Medical Assistance

Please visit our website at <http://www.dhhs.state.nc.us/dma>.

Revised

May 2006

**Family Planning Waiver
"Be Smart"**

FPW Billing Tips

- All services **must** be billed with the appropriate:
 - CPT/HCPCS code
 - ICD-9-CM diagnosis and
 - FP modifier
- Providers must select the most appropriate codes for services rendered under the Family Planning Waiver and adhere to all the components of the code as defined by the American Medical Association.
- The annual exam date (AED) **must** be entered in block 15 on the CMS-1500. Providers must include the AED on all claims for an annual examination and laboratory procedures, except pregnancy tests.

FPW Billing Tips

- An ICD-9-CM diagnosis related to family planning services **must** be the primary diagnosis on the claim form. See the May 2006 Medicaid Special Bulletin, Family Planning Waiver, for a complete list of codes which can be used.
- All approved antibiotic treatment and pain medications **must** have the appropriate ICD-9-CM diagnosis written on the prescription.
- No “brand medically necessary” (DAW1) medications are allowed, if a generic is available.
- All applicable North Carolina Medicaid policies and procedures must be adhered to in addition to those listed in the special bulletin.

FPW Billing Tips

Federally Qualified Health Centers/Rural Health Clinics

- All FQHC/RHC providers must bill using the “C” suffix provider number.
- The core service code is not allowed with Family Planning Waiver services.

Local Health Departments

- Indicate “Yes” on the HSIS Service Screen data field for Family Planning Waiver Services

FPW Billing Tips

Outpatient Hospitals

- All services **must** be billed with the appropriate Revenue code, CPT code and ICD-9-CM diagnosis.
- All laboratories services **must** be billed with the appropriate laboratory revenue code and HCPCS code.
- Hospital providers **must** use the occurrence form locators 32, 33, 34, or 35. Enter an “11” in the occurrence code field and then enter the AED in the corresponding “date” field.

FPW Billing Tips

Pharmacy (Outpatient Only)

- All eligible drugs will have a family planning indicator on the drug file (including birth control pills, Depo-provera, Ortho Evra).
- All claims **must** be submitted via point of sale with the approved ICD-9-CM diagnosis written on the prescription.
- Dispensing fee based on Medicaid rules.

Automated Voice Response System

1-800-723-4337

- Up to 15 inquiries per call
- Check claim status, checkwrite information, prior approval, and recipient eligibility

Contacting EDS

Call 1-800-688-6696 or 919-851-8888

Press “1” – Electronic Commerce Services

Press “2” – Prior Approval

Press “3” – Provider Services

Press “4” - Operator

FPW YEAR ONE EVALUATION

- 26,039 females and 5,560 males were enrolled (5.2% enrollment rate for females and 1.3% for males).
- Among enrollees, 9,819 females and 99 males received services (participation rate 37.7% females, and males 1.8%).
- FPW was budget neutral.
- Average participant cost was **\$192.**
- Reduced costs associated with **876** births averted for the first year offset FPW costs by an estimated **\$9.5 million.**

FPW YEAR 2 INTERIM EVALUATION

- 41,520 females and 7,873 males enrolled (includes both new enrollees and enrollees continuing from Year One).
- Average costs per participant for was approximately \$267.
- Estimated averted births range of 1,435 – 1,652.
- FPW expenditures were \$4.3 million.
- Estimated net savings to the state of North Carolina \$14.3 – \$17.1 million.

How to Apply

- Health Check/Health Choice Application
- Local Department of Social Services
- Local Health Departments
- Federally Funded Community Health Centers
- On-Line Application
<http://www/dhhs.state.nc.us/dma>
- Application processing period: 45 days

Be Smart Informational Materials

**Be Smart.
Be Ready.**

A Family Planning Program
For Men and Women

Are you ready to
be a mom or dad?

Are you ready
for another child?

Do you think you might
want more children?

If you answered no to any
of these questions....

You may qualify to receive
birth control methods
and health care services for **FREE**

- Posters
- Brochures
- Fact Sheet
- Available at: NC Healthy Start Foundation or by calling the Family Health Resource Line at 1-800-367-2229

FPW Brochures

You're single. You're busy.

It's hard enough figuring out how to juggle everything and pay your bills. Starting a family isn't part of your plan right now. Having a child is such a big commitment. You want to have kids when you decide the time is right. Now may not be that time.

Planning your pregnancy
(when the time is right for you)
just got a little easier ...

NC's Family Planning Waiver
can help.



What is the Family Planning Waiver?

The **NC Family Planning Waiver** is an insurance program that pays for family planning services at local health departments and various health centers. Some private doctors, midwives and nurse practitioners also participate. The other good news? There's **NO COST** to you!

With the **Family Planning Waiver**, you can get:

- ▶ Your physical each year
- ▶ Most types of birth control (including getting your tubes tied)
- ▶ Pregnancy tests
- ▶ Testing for sexually transmitted infections
- ▶ Help with planning when to have a baby
- ▶ Doctor referrals

I'll **decide** when the
time is right.

Call today to get your application. You may qualify if you are between 19 and 55, not pregnant, a resident of North Carolina, a U.S. citizen (or legal resident) and your income is around \$30,000 per year or less. Eligibility income increases with the size of your family.

For more information and an application, call **NC Family Health Resource Line** 1-800-367-2229 or call your local health department or talk to your healthcare provider.

To learn more, go to:  
www.dhhs.state.nc.us/dma/mfpw/mfpwconsumer.htm



Family Planning Medicaid is a waiver program that will end October 1, 2013, unless it is extended.

Informative Posters

Not Now!

You'll decide when the time is right.

You're a mother.
You understand that having a child is a big commitment. You also know that you AND your family will benefit if you plan for another child when the time is right.

Planning your pregnancy (when the time is right for you) just got a little easier ...



NC's Family Planning Waiver can help at NO COST to you.

The **NC Family Planning Waiver** provides:


- Your physical each year
- Most types of birth control
- Pregnancy tests
- Testing for sexually transmitted infections
- Help with planning when to have a baby
- Doctor referrals

If you are between 19 and 55, not pregnant, a resident of North Carolina, a U.S. citizen (or legal resident) and your income is about \$25,000 to \$65,000 a year, you may qualify.

For more information, call
NC Family Health Resource Line
1-800-367-2229

Family Planning Medicaid is a waiver program that will end October 1, 2010, unless it is extended.
NC DHHS is an equal opportunity employer and provider.
x,xxx copies of this public document were printed at a cost of \$x,xxx.xx or \$x.xx each (6/08)



Outreach Materials Order Form

Be Smart Family Planning Medicaid Waiver

July 2008 Order Form For Free Materials

- Ordering Tips**
- Specify both the # of packs and total quantity, for example:
for P5E, 5 packs = 500 total
 - No orders outside NC
 - Keep a copy of your order
 - Allow 3 weeks for delivery

Duplicate form as needed		Example: P5E 5 packs = 500 total		
Title	Quantity	# Packs	Total	Item
Be Smart Brochure English <small>revised 2008</small>	100 / pk			P5E
Be Smart Brochure Spanish	100 / pk			P5S
Not Now "Single" Card English - orange	100 / pk			P12E
Not Now "Single" Card Spanish - green	100 / pk			P12S
Not Now "Family" Card English - purple	100 / pk			P13E
Not Now "Family" Card Spanish - blue	100 / pk			P13S
Be Smart Poster English/Spanish	***			P7
HC/NCHC Application English <small>limit 500</small>	100 / pk			D8E
HC/NCHC Application Spanish <small>limit 300</small>	100 / pk			D8S

- **Be Smart Brochures:** English 3½" x 5½"; Spanish 3½" x 5½"
- **Not Now Cards:** folded 4½" x 4½"; flat 14" x 4½"
- **Poster:** English on one side, Spanish on the other 11" x 17"
- **Applications:** Use the Health Check (Medicaid) / NC Health Choice applications to apply for the Family Planning Waiver, English and Spanish versions.
- Additional order forms may be downloaded at www.NCHealthyStart.org

- ◆ **Mail To:** Shipping Department
North Carolina Healthy Start Foundation
1300 St. Mary's St., Suite 204
Raleigh, NC 27605
- ◆ **FAX To:** 919-828-7470 ◆ **Shipping Department:** 919-256-3581



FPW Information

For more information about the North Carolina Medicaid Family Planning Waiver, visit the following links:

- **Division of Medical Assistance Webpage**
<http://www.ncdhhs.gov/dma/MFPW/MFPWprovider.htm>
- **May 2006 Medicaid Special Bulletin, Family Planning Waiver**
<http://www.ncdhhs.gov/dma/bulletin/FPW.pdf>
- **Family and Children's Eligibility Manual, MA-3265**
- **Medicaid Family Planning Waiver**
<http://info.dhhs.state.nc.us/olm/manuals/dma/fcm/chg/MA3265.pdf>
- **Waiver Year One Interim Annual Report**
http://www.ncdhhs.gov/dma/MFPW/besmart_annualreport_jan08.pdf

DHHS FPW Program Managers

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Division of Medical Assistance
Division of Public Health

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