

**Women's Health Branch**  
**PUBLICATIONS FORM - 7/2/19**  
Quantities vary and are often limited. Orders will be filled accordingly.

<b>Name</b>		<b>Agency Phone Number:</b>	
<b>Agency Name</b>			
<b>Agency Mailing Address City/Zip/State Courier No.</b>			
<b>Today's Date</b>		<b>Office Use Only – Shipped Date</b>	

**Fax or mail the page(s) containing the order to:** Fax number: (919) 870-4827; Women's Health Branch/NCDHHS; 1929 Mail Service Center Raleigh, NC 27699-1929; Courier #56-23-01

Family Planning & Preconception Health Educational Materials	Available to (Agency Code)	Publication Type	Unit Size/Limit	English Quantity	Spanish Quantity	Office Use Only
<b>Abstinence</b>						
Am I Ready for Sex?	LHD-Local Health Dept; TPPI-Teen Pregnancy Prev. Initiatives	Brochure	50/pack			FPRHU 0001
<a href="#">Encouraging Abstinence: Ten Tips for Parents</a>	LHD; TPPI	Brochure	50/pack			FPRHU
<a href="#">Facts about Abstinence (1/14); Datos sobre la Abstinencia (8/14)</a>	LHD; TPPI	Fact Sheet	100/pad			FPRHU 0002
<a href="#">Sex: 10 Best Reasons to Wait</a>	LHD; TPPI	Brochure	50/pack			FPRHU 0004
<a href="#">Talking Abstinence</a>	LHD; TPPI	Brochure	50/pack			FPRHU 0005
<b>Adolescents</b>						
<a href="#">Birth Control: Talking with your Parents</a>	LHD; TPPI	Brochure	50/pack			FPRHU 0006
<a href="#">Female Facts</a>	LHD; TPPI	Brochure	50/pack			FPRHU 0007
Menstruation	LHD; TPPI	Brochure	50/pack			FPRHU 0008
<a href="#">Private Matters: My Monthly Period (4/10)</a>	All	Wallet Card	100/pack			FPRHU
<a href="#">Puberty Facts</a>	LHD; TPPI	Brochure	50/pack			FPRHU 0009
<a href="#">Talking with Your Teens About Sex (7/19)</a>	Download only					
<b>Be Smart. Be Ready. A Family Planning Program</b>						
<a href="#">Be Smart. Be Ready. A Family Planning Program Brochure; Spanish (7/16)</a>	Download only					
<a href="#">Be Smart. Be Ready. A Family Planning Program Fact Sheet - Patients (5/16)</a>	Download only					
<a href="#">Be Smart. Be Ready. A Family Planning Program Fact Sheet-Providers (5/16)</a>	Download only					
<b>Birth Control Methods</b>						
<a href="#">Birth Control Facts; Los metodos de control de la natalidad</a>	LHD; TPPI	Brochure	50/pack			FPRHU 0010/S
<a href="#">Birth Control Method Options; Opciones De Métodos Anticonceptivos (5/16)</a>	LHD; TPPI	Fact Sheet	Eng./Span. Combined			FPRHU
<a href="#">Family Planning Methods; Métodos de Planificación Familiar (5/12)</a>	All	Brochure	50pk/Limit 200			FPRHU
<a href="#">Facts About Birth Control Implants 12/13; Datos sobre el Control de la Natalidad Implantes (3/14)</a>	Download only					
<a href="#">Facts About Birth Control Pills (1/16); Información acerca de las píldoras anticonceptivas ("La Píldora") (7/16)</a>	LHD; TPPI	Fact Sheet	100/pad			FPRHU 0012
<a href="#">Facts About Condoms (Rubbers) (3/13); Datos Sobre Los Condomes ("preservativos") (11/16)</a>	LHD; TPPI	Fact Sheet	100/pad	Download		FPRHU 0013
<a href="#">Facts About Contraceptive Shots; Datos sobre las Inyecciones Anticonceptivas (3/13)</a>	Download only					
<a href="#">Facts About Diaphragms (11/08); Información acerca del Diafragma (2/17)</a>	LHD; TPPI	Fact Sheet	100/pad			FPRHU 0015
<a href="#">Facts About Emergency Contraception (9/14); Datos acerca de las Píldoras Anticonceptivas de Emergencia (10/14)</a>	LHD; TPPI	Fact Sheet	100/pad	Download		FPRHU 0011
<a href="#">Facts About Intrauterine Devices (IUDs) (3/17); Datos acerca de los Contraceptivos Intrauterinos (DIU) (3/13)</a>	LHD; TPPI	Fact Sheet	100/pad	Download		FPRHU 0016
<a href="#">Facts About NuvaRing (1/16)/Datos acerca del Nuva Ringa (7/16)</a>	LHD; TPPI	Fact Sheet	100/pad			FPRHU 0020
<a href="#">Facts About Spermicides (3/12); Información acerca de los Espermicidas (4/12)</a>	LHD; TPPI	Fact Sheet	100/pad			FPRHU 0022
<a href="#">Facts About the Contraceptive Patch (1/16); Información acerca del Parche Anticonceptivo ("El Parche") (7/16)</a>	LHD; TPPI	Fact Sheet	100/pad			FPRHU 0021
<a href="#">Facts About the Fertility Awareness Method (10/17); Información acerca del Anticonceptivo del Ritmo de Fertilidad (11/17)</a>	Download only					
<b>Gynecological Issues/Sexually Transmitted Diseases (STDs) 7/19</b>						
<a href="#">Bacterial Vaginosis; Spanish, Chinese, Russian, Vietnamese, Haitian/Creole Languages (see Other Languages link)</a>	Download only					
<a href="#">Chlamydia; Spanish, Chinese, Russian, Vietnamese, Haitian/Creole Languages (see Other Languages link)</a>	Download only					
<a href="#">Gay, Bisexual and Other Men Who have Sex with Men (MSM) Need to Know About STDs; Spanish</a>	Download only					

<a href="#">Genital Human Papillomavirus (HPV or warts); Spanish, Chinese, Russian, Vietnamese, Haitian/Creole Languages</a> (see <i>Other Languages</i> link)	Download only					
<a href="#">Gonorrhea; Spanish, Chinese, Russian, Vietnamese, Haitian/Creole Languages</a> (see <i>Other Languages</i> link)	Download only					
<a href="#">Herpes; Spanish, Chinese, Russian, Vietnamese, Haitian/Creole Languages</a> (see <i>Other Languages</i> link)	Download only					
<a href="#">HIV 101 (Human Immunodeficiency Virus) English/Spanish</a>	Download only					
<a href="#">HIV Infographics and Posters</a>	Download only					
<a href="#">HIV: Keeping it Real; VIH Una Realidad</a> (4/09)	All	Brochure	50/pack			FPRHU
<a href="#">HIV: Safer Sex 101 English/Spanish</a>	Download only					
<a href="#">Human Papillomavirus (HPV) and Men; Spanish</a>	Download only					
<a href="#">Pelvic Inflammatory Disease (PID/untreated STD complication); Spanish, Chinese, Russian, Vietnamese, Haitian/Creole Languages</a> (see <i>Other Languages</i> link)	Download only					
<a href="#">STD Facts</a>	LHD; TPPI	Brochure	50/pack			FPRHU 0028
<a href="#">STD Prevention Infographics</a>	Download only					
<a href="#">STDs and HIV; Spanish</a>	Download only					
<a href="#">STDs and Oral Sex; Spanish</a>	Download only					
<a href="#">STDs During Pregnancy; Spanish</a>	Download only					
<a href="#">Syphilis; Spanish, Chinese, Russian, Vietnamese, Haitian/Creole Languages</a> (see <i>Other Languages</i> link)	Download only					
<a href="#">Syphilis and Men Having Sex With Men (MSM); Spanish</a>	Download only					
<a href="#">Syphilis (Congenital); Spanish</a>	Download only					
<a href="#">Teens and Young Adults: Staying Healthy and Preventing STDs; Spanish</a>	Download only					
<a href="#">Trichomonas (Trich); Spanish</a>	LHD; TPPI	Brochure	100/pack	Download		FPRHU 0029
<a href="#">Vaginal Discharge</a> (2/15); <a href="#">Flujo Vaginal</a> (5/15)	LHD; TPPI	Brochure	100/pack	Download		FPRHU 0030
<a href="#">Yeast Infection</a> (2/15); <a href="#">Candidiasis</a> (5/15)	Download only					
<b>Infertility</b>						
<a href="#">Evaluating Infertility; Evaluación de la infertilidad</a> (6/12)	Download only					
<a href="#">Infertility Frequently Asked Questions 7/19</a>	Download only					
<b>Male Involvement</b>						
<a href="#">Body Maintenance Manual</a> (5/09); <a href="#">Manual de Mantenimiento del Cuerpo</a> (8/10)	All	Brochure	25/pack			PHFSU
<a href="#">If You Are A Man...Understanding Birth Control</a>	LHD; TPPI	Brochure	50/pack			FPRHU 0039
<a href="#">Male Facts</a>	LHD; TPPI	Brochure	50/pack			FPRHU 0035
<a href="#">Male Self-Exam/El examen genital masculino</a>	Download					
<b>Menopause 7/19</b>						
<a href="#">Menopause Facts</a>	Download only					
<a href="#">Menopause</a>	Download only					
<b>Nutrition/Weight Management</b>						
<a href="#">Healthy Habits for Life</a> (8/10); <a href="#">Mujer, Madre y Amigo</a> (4/12)	All	Booklet	25/pack			PHFSU 0105
<a href="#">Is Your Weight Healthy</a> (5/11)/ <a href="#">¿Es Su Peso Saludable?</a> (5/12)	All	Poster				PHFSU 0101
<a href="#">Weight and Men</a>	LHD; TPPI	Brochure	50/pack			PHFSU 0101
<a href="#">Weight and Women</a>	LHD; TPPI	Brochure	50/pack			PHFSU 0100
<a href="#">What's Your BMI? Facts about Body Mass Index</a>	LHD; TPPI	Brochure	50/pack			PHFSU 0102
<a href="#">Women &amp; Underweight</a> (2014)	ALL	Booklet	25/pack			C & Y
<b>Preconception Health/Reproductive Life Planning</b>						
<a href="#">Am I Ready to be a Dad?</a>	LHD; TPPI	Brochure	50/pack			PHFSU
<a href="#">Am I Ready to be a Mom?</a>	LHD; TPPI	Brochure	50/pack			PHFSU
<a href="#">Are You Ready? Sex &amp; Your Future/¿Que harás en tu futuro?</a> (8/10)	All	Brochure	50/pack			PHFSU 0106
<a href="#">Are You Ready to Be a Dad?</a> (9/09)	Download only					
<a href="#">Are You Ready to Be a Mom?</a> (9/09)	Download only					
<a href="#">Choices Health Matters for Women</a> (5/11); <a href="#">Mujer Total</a> (10/8)	Download only					
<a href="#">Looking Back, Moving Forward</a> (2/07)	Download only					
<a href="#">My Health Journal</a> (2008); <a href="#">Mi Diario de Salud</a> (4/10)	All	Brochure	25/pack		Download	PHFSU

<a href="#">Show Your Heart Some Love/Ame a Su Corazón</a> (12/14)	All	Flyer	50/pack			PHFSU 4114/S	
<a href="#">Show Your Love</a> (African Americans with folic acid message) (5/13)	All	4" x 9" Card	100/pack			PHFSU	
<a href="#">Show Your Love</a> (African Americans with folic acid message) (5/13)	All	11"x16" Poster				PHFSU	
<a href="#">Taking Care of Me</a> (6/08)	All	Magazine				PHFSU	
<a href="#">Take Care of Yourself</a> (includes folic acid message) (8/12)	All	Brochure				PHFSU	
<a href="#">N.C. Preconception Health Strategic Plan: Sept. 2008-2013</a>	Download only						
<a href="#">N.C. Preconception Health Strategic Plan Supplement 2014-2019</a>	All	Booklet				PHFSU	
<a href="#">The State of Preconception Health in North Carolina</a>	Download only						
<a href="#">CME and CNE Modules, Care Plans and Other Resources</a>	Download only						
<ul style="list-style-type: none"> <li>▪ <a href="#">The National Preconception Curriculum and Resources for Clinicians</a></li> <li>▪ <a href="#">March of Dimes Continuing Nursing Education</a></li> <li>▪ <a href="#">Preconception Health and Health Care: The Clinical Content of Preconception Care</a></li> <li>▪ <a href="#">Link to more resources</a></li> </ul>	Download only						
<b>Substance Use 7/19</b>							
<b>Substances</b>							
<a href="#">Substances</a>	Download only						
<a href="#">Issues, Conditions and Disorders</a>	Download only						
<a href="#">Treatment, Prevention and Recovery</a>	Download only						
<a href="#">Spanish Materials</a>	Download only						
<a href="#">National Institute on Drug Abuse</a>	Download only						
<b>Tobacco Cessation</b> (to access materials, scroll down to Tobacco Cessation under Maternal Health Educational Materials)							
<b>Maternal Health Educational Materials</b>		<b>Available to</b> (Agency Code)	<b>Publication Type</b>	<b>Unit Size/Limit</b>	<b>English Quantity</b>	<b>Spanish Quantity</b>	<b>Office Use Only</b>
<b>Breastfeeding</b>							
<a href="#">NC Making It Work Tool Kit</a> – Supports breastfeeding moms & employers (7/18)	Download only						
<b>Diabetes in Pregnancy</b>							
<a href="#">Gestational Diabetes: Before the Baby, After the Baby</a> (10/10); <a href="#">La Diabetes Gestacional - Yo y mi Bebé</a> (10/11)	All	Fact Sheet	Limit 100	Download		PHU 4070	
<a href="#">Gestational Diabetes: Healthcare Provider Postpartum Testing</a> (10/10)	Download only						
<a href="#">My Plate for Gestational Diabetes</a> (4/12)	All	Instructions	50/pack			PHU	
<a href="#">Before the Baby, After the Baby</a> (10/10); <a href="#">La Diabetes Gestacional - Yo y mi Bebé</a> (10/11)	All	Fact Sheet	25/pack	Download		PHU	
<b>General Maternal Health</b>							
<a href="#">17P Risk Reduction for Repeat Preterm Birth; Reducción del Riesgo de Parto Prematuro Recurrente</a> (8/15)	All	Booklet	30 pk/Limit 90			PHU	
<a href="#">Is 17P Right for Me?; Es adecuada la 17P para mí?</a> (4/17)	All	Flyer	25pd/Limit 4			PHU	
<a href="#">A Test to Save Your Baby's Life; Spanish; Chinese; Hmong; Arabic</a> (7/16)	All	Brochure				CY0010ACMS	
<a href="#">Carolinas Cord Blood Bank</a> <a href="#">English</a> ; <a href="#">Spanish</a> (6/15) <b>10/23/18</b>	Order at <a href="https://sites.duke.edu/ccbb/">https://sites.duke.edu/ccbb/</a> or Download						
<a href="#">Gestational Weight Gain</a> (3/18)	All	5.5" x 8.5" Card	50/pack	English/Spanish Combined		PHFSU	
<a href="#">Healthy Mom, Healthy Baby/Mamá Saludable, Bebé Saludable</a> (4/17)	All	Booklet				PHU 4011	
<a href="#">Keeping the Circle Healthy</a> (5/7)	All	Brochure	100/pack			PHU	
<a href="#">My Pregnancy Calendar; El Calendario de Mi Embarazo</a> (5/12)	All		25/pack			PHU	
<a href="#">North Carolina's Newborn Screening Program—Prenatal Fact Sheet</a> (2/17)	All	Fact Sheet	50/pad/Limit 200			CY 0112	
<a href="#">Our Healthy Baby's Family Album</a> (5/10)	All	Booklet	50/pack	Download		PHU	
<a href="#">Plan of Safe Care</a> (2/18); <a href="#">Plan de Cuidado Seguro</a> (5/18)	All	Brochure		Download	Download		
<a href="#">Prevent Preterm Labor; Prevenga El Parto Prematuro</a> (4/10)	All	Wallet Card	100/pack	Out of Stock		PHU	
<a href="#">Preventing Chickenpox in Pregnant Women</a> (11/16); <a href="#">La Prevención de la Varicela en las Mujeres</a>	Download only						
<a href="#">Sickle Cell Syndrome Program; Ayude a su hijo a estar sano</a> (Spanish 4/05)	All	Brochure				PHFSU	
<a href="#">Zika Virus for Pregnant and Women of Childbearing Age</a> (6/16); <a href="#">El Virus Del Zika Mujeres Embarazada y Mujeres en Edad Fértil</a> (8/16)	Download only						
<b>Lead</b>							
<a href="#">Are You Pregnant? Protect Your Baby from Lead Poisoning; ¿Está Embarazada? Proteja a su bebé del envenenamiento por plomo</a> (3/17)	Download only						
<a href="#">Summary of Public Health Actions Based on Maternal &amp; Infant Blood Lead Levels</a>	Download only						
<b>Parenting &amp; Baby</b>							
<a href="#">Does Your Baby Sleep Safe? Questions &amp; Answers regarding Safe Sleep; ¿Duerme seguro tu bebé?</a> (5/18)	All	Flyer	25 sheets/pad			PHU	
<a href="#">Does Your Baby Sleep Safe? General Poster</a> (4/18); <a href="#">¿Duerme seguro tu bebé?</a> (5/18)	All	11 x 17 Poster	Limit 25			PHU	

Does Your Baby Sleep Safe? Grandparent/Caregiver Poster (4/18); ¿Duerme seguro tu bebé? (5/18)	All	11 x 17 Poster	Limit 25			PHU
<b>Postpartum</b>						
Birth Control after Baby: Family Planning Guide for New Moms; Métodos anticonceptivos después del bebé (5/18)	All	Booklet	100 (Eng);50 (Span)			PHU
Taking Care of You: Your Postpartum Health & Visit (4/15)/Cuidados Para Usted: Salud y Consulta Posparto (7/15) Provider Guide: Taking Care of You (9/10)	<b>Download only</b>					
<b>Pregnancy Care Management</b>						
Pregnancy Care Management (12/12)	All	Brochure				PHU
<b>Text For Baby</b>						
Text4Baby: Dual Language Flyer (5/10)	All	Flyer	100/pack	English/Spanish Combined		PHU 4066
Text4Baby: Acrylic Referral Card Holder	All	<b>Card Holder - AVAILABLE</b>				PHU 4067
Text4Baby: Referral Cards; Envía Bebe al 511411 (5/10)	All	3.5" x 2" Cards	100/pack			PHU 4068
Text4Baby: African American	All	Poster				PHU 4062
Text4Baby: Caucasian	All	Poster				PHU 4063
Text4Baby: Latino	All	Poster				PHU 4065
Text4Baby: Native American	All	Poster				PHU 4064
<b>Tobacco Cessation</b>						
Benefits of Being Tobacco Free/Facts About E-Cigarettes; Beneficios de dejar de fumar/los cigarrillos electrónicos (3/18)	All	Flyer	25 pk/Limit100			PHFSU
E-Cigarettes & Vaping: Information for Women & Their Families; Cigarrillos electrónicos y vapear (5/18)	All	Booklet	50 pk/Limit 100			PHFSU
Guide for Helping to Eliminate Tobacco Use and Exposure for Women (PDF, 2 MB)	<b>Download only</b>					
If You Smoke and Are Pregnant; Si usted fuma y está embarazada (5/18)	All	Brochure	50 pk/Limit 100			PHU
Oh Baby! We Want to Keep You Safe From Secondhand Smoke; ¡Oh bebé! Queremos mantenerte a salvo del humo de segunda mano (5/18)	All	Brochure	25/pk Limit100			PHFSU
Tobacco Screening & Cessation Counseling 5As/5Rs (2/18)	All	Pocket card	10 pk/Limit 2			PHU
We Know You Want to Protect Your Family; Sabemos que Usted Quere Proteger a Su Familia (3/18)	All	Flyer	25 pk/Limit100			PHFSU
You Quit, Two Quit: A Guide to Help New Mothers Stay Smoke Free; Usted lo deja, dos lo dejan (de fumar) (5/18)	All	Booklet	50pk/Limit 100			PHFSU
<b>Zika Virus</b>						
Visit the N.C. Communicable Disease Branch <a href="#">Zika</a> page for the most current information	ALL	Website	<a href="http://epi.publichealth.nc.gov/zika/">http://epi.publichealth.nc.gov/zika/</a> <b>Download only</b>			
<a href="#">Zika Resources for Family Planning Staff</a>	<b>Download only</b>					
<a href="#">Fact Sheets and Posters</a> - Centers for Disease Control & Prevention (CDC) bulk orders are not available.	<b>Download only</b>					
<b>Sickle Cell Educational Materials</b>	<b>Available to (Agency Code)</b>	<b>Publication Type</b>	<b>Unit Size/Limit</b>	<b>English Quantity</b>	<b>Spanish Quantity</b>	<b>Office Use Only</b>
About Sickle Cell Disease and Sickle Cell Trait (multicultural)	All	Brochure 21828				SC 0004m/E
About Sickle Cell Disease and Sickle Cell Trait	All	Brochure		38992 Eng.	39339/65564 Span	SC 0004
Hemoglobin & Thalassemia Disorders – What You Should Know	All	Brochure				SC
<a href="#">NC Sickle Cell Syndrome Program - 2005 edition</a>	All	Brochure				SC 0005
NC Sickle Cell Syndrome Program Hemoglobinopathy Screening Card	All	Card				SC
Sickle Cell Disease – Facts for You	All					SC
Sickle Cell Testing for Newborns	All	Brochure		PS65572 Eng.	PS65580 Span.	SC 0006
What Everyone Should Know About Kidneys & Kidney Diseases	All					SC
What Everyone Should Know About Stroke (Brain Attack)	All					SC
You & Your Teeth	All					SC