

Request and Consent for Estrogen Containing Contraceptives (Combined Oral Contraceptive Pills, Patch and Vaginal Ring)

1. Last Name	First Name	MI
2. Patient Number		
3. Date of Birth (MM/DD/YYYY)		
	Month	Day
4. Race <input type="checkbox"/> American Indian or Alaska Native <input type="checkbox"/> Asian <input type="checkbox"/> Black/African American <input type="checkbox"/> Native Hawaiian/Other Pacific Islander <input type="checkbox"/> Unknown <input type="checkbox"/> White		
5. Ethnic Origin <input type="checkbox"/> Hispanic Cuban <input type="checkbox"/> Hispanic Mexican American <input type="checkbox"/> Hispanic Other <input type="checkbox"/> Hispanic Puerto Rican <input type="checkbox"/> Not Hispanic/Latino <input type="checkbox"/> Unreported		
6. Gender <input type="checkbox"/> Female <input type="checkbox"/> Male		
7. County of Residence		

Voluntary Participation and Confidentiality Statement: Title X services are provided solely on a voluntary basis. Individuals must not be subjected to coercion to receive services, to use, or not to use any particular method of family planning. Acceptance of family planning services must not be a prerequisite to eligibility for, or receipt of, any other service or assistance from or participation in any other programs of the applicant. This information is confidential and will be treated as such.

Birth control methods may have good or bad side effects or complications, which may be harmful to me. I have been told that the most frequent benefits, risks and side effects are those listed below. Others not listed may occur.

Estrogen Containing Contraceptives Use Effectiveness: 92–99 Percent

Benefits	Possible Risks/Disadvantages	Possible Side Effects
1. Fertility should return quickly after discontinuation	1. May increase risk of heart attack and stroke (especially in women who smoke)	1. Breast tenderness
2. Predictable regular menstrual cycles	2. May increase the risk of blood clots in legs and lung	2. Headache
3. Decreased menstrual cramps and blood loss	3. Protection from pregnancy may be lowered when hormonal contraceptives are taken with certain drugs	3. Nausea
4. Less acne	4. May increase risk of hypertension	4. Skin irritation at patch site
5. Some protection from non-cancerous breast tumors and ovarian cysts	5. Not effective against sexually transmitted diseases including HIV	5. Abdominal pain
6. Less risk of ovarian and uterine cancer	6. Less effective in females weighing greater than 198 lbs (90 kg) — contraceptive patch	6. Darkening patches on the face
		7. Depression
		8. Vaginal discharge/discomfort

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1. I do not wish to become pregnant now. One benefit of choosing a method of birth control is that I will be better able to delay a pregnancy until it is desired.
2. All contraceptive methods offered by this clinic have been explained to me. I may change to another method if medically recommended. Also, I may stop using a birth control method if I wish to become pregnant.
3. I understand if any of the following dangers signs occur unusual swelling of legs or arms, sudden severe headaches, blurred or double vision, loss of vision, severe pain in abdomen or stomach, yellowing of the skin or eyes, severe depression, unusual heavy vaginal bleeding, new lump in breast, no period after having a period every month, I know to seek medical attention immediately.

