# **Resources for Advancing Health Equity**

#### March 2018

Compiled By: Women's Health Branch, Division of Public Health

### **NOTES:**

Effective fiscal year 2019, there are new requirements in the Women's Health Branch Agreement Addenda. The new guidelines require all staff to participate in at least one training annually focused on health equity, health disparities, and/or social determinants of health. Below are free and at-cost training opportunities to meet the new guidelines.

**If a web page doesn't open properly**, try an alternate web browser like Mozilla Firefox or Google Chrome, copy and paste the web address into another web browser and/or contact your local IT staff.

When I see you through my eyes, I think we are different. When I see through my heart, I know we are the same.

~ Doe Zantamata

# **Training Resources**

#### **NC Office of Minority Health**

http://www.ncminorityhealth.org/services/interpretertraining.htm

#### **Racial Equity Institute**

https://www.racialequityinstitute.com

## **Health Equity in NC**

https://www.mombaby.org/health-equity/

#### The American College of Obstetricians and Gynecology

Review Social Determinants of Health: Resource Overview, especially these two resources.

- 1. Committee Opinion: Importance of Social Determinants of Health & Cultural Sensitivity in the Delivery of Reproductive Health Care
- 2. Cultural Awareness and Sensitivity Video Training Series and Slide Set

https://www.acog.org/More-Info/SocialDeterminants#providers

https://www.acog.org/About-ACOG/ACOG-Departments/Public-Health-and-Social-Issues/Cultural-Awareness-and-Sensitivity-in-Womens-Health-Care

https://www.acog.org/About-ACOG/ACOG-Departments/Public-Health-and-Social-Issues/Cultural-Awareness-and-Sensitivity-in-Womens-Health-Care/A-Video-Training-Series

#### **Roots of Health Inequity**

- Free online course for Public Health professionals, National Association of County & City Health Officials (NACCHO) website
- Group discussion is encouraged. Follow site instructions to access the course. http://rootsofhealthinequity.org/

#### Resilience: The Biology of Stress and The Science of Hope

- A documentary about the effects of childhood trauma and its implications on behavior, health outcomes and quality of life for children and adults, <a href="https://kpirfilms.co/resilience/">https://kpirfilms.co/resilience/</a>
- Facilitator's Guide to discuss film can be accessed at <a href="http://preventchildabuse.org/wp-content/uploads/2016/09/Resilience-Guide-FINAL.pdf">http://preventchildabuse.org/wp-content/uploads/2016/09/Resilience-Guide-FINAL.pdf</a>

#### Association of State and Territorial Health Officials (ASTHO)

http://www.astho.org/Programs/Health-Equity/Webinars/; http://www.astho.org/Programs/Health-Equity/

#### **Centers for Disease Control and Prevention (CDC)**

http://www.cdc.gov/minorityhealth/strategies2016/

# Maternal and Child Health Bureau (MCHB) http://mchb.hrsa.gov/training/documents/MCH Diversity 2016-05 RFS.pdf **MCH Navigator** · Learning portal for maternal and child health (MCH) professionals, students, and others working to improve the health and well-being of women, children, and families <a href="http://www.mchnavigator.org/trainings/diversity-health-equity.php">http://www.mchnavigator.org/trainings/diversity-health-equity.php</a> National Collaborative for Health Equity, George Washington University The mission of the National Collaborative for Health Equity is to promote health equity by harnessing evidence, developing leaders, and catalyzing partnerships across the many different sectors that share responsibility for creating a more equitable and just society. http://www.nationalcollaborative.org/; http://www.nationalcollaborative.org/beyond-bias-webinar-series/ Robert Wood Johnson Foundation – Culture of Health Equity https://www.rwjf.org/en/library/research/2017/05/what-is-health-equity-.html U.S. Department of Health and Human Services, Center for Linguistic and Cultural Competency in Health Care https://www.thinkculturalhealth.hhs.gov/; https://www.thinkculturalhealth.hhs.gov/resources/videos