Purpose Statement of Policy:

To provide individualized revisit/supply visits based upon the client’s need for education, counseling, and clinical care beyond that provided at the initial and annual exam for men and women of childbearing age seeking family planning services provided by Title X.

Definition:

Defined within the Revisit/Supply Visit policy the following areas must be addressed:

- Revisit schedules must be individualized based upon the client’s need for education, counseling and clinical care.
- Clients selecting hormonal contraceptives (oral contraceptive pills, patch, ring, Depo-Provera, progestin-only pills), Implants (Implanon/Nexplanon), intrauterine devices (Mirena, ParaGard), cervical caps, or diaphragms for the first time may be scheduled for a revisit, as appropriate, after initiation of the method to reinforce its proper use, to check for possible side effects, and to provide additional information or clarification if needed.
- A new or established client who chooses to continue a method already in use need not return for this early revisit unless a need for reevaluation is determined based on the findings at the initial visit.

Responsibilities:

It is the responsibility of the local health department and its designated personnel to develop, implement, and ensure compliance among all staff on the administration of the Revisit/Supply Visit policies/procedures in the Title X Family Planning Clinic.

Policy:

The local health department will ensure that written policies are in place that address the above required and recommended areas for the administration of the revisit/supply visit process for men and women seeking family planning services provided by Title X.
Legal Authority:
This policy is based on Title X regulation (January 2001) Section 8.3 concerning revisit schedules for birth control methods.

References:
Title X Guidelines can be accessed at: https://www.grantsolutions.gov/gs/servlet/document.DownloadPdfPublicServlet?document_id=7157

For examples of policies from the local level, please contact your Regional Women’s Health Nurse Consultant.